



Preliminary Results

Search by one or more fields. Click search.

bib number:

last name:

Your search returned 2094 matches.
Click the bib number for more information.
Click the division for age group results.

bib	place	name	location	division	time	pace
24	1	Heather Kampf		WMEN	4:37.52	-
10	1	Chad Noelle		MEN	4:12.11	-
2872	1	Robert Scanlon	Ames, IA	M2024	4:17.31	-
2086	2	Eli Horton	Runnells, IA	M2024	4:18.36	-
5	2	Frezer Legesse		MEN	4:12.13	-
27	2	Nicole Sifuentes		WMEN	4:37.95	-
283	3	Ben Jaskowiak	West Des Moines, IA	M2529	4:18.86	-
7	3	Riley Masters		MEN	4:12.34	-
22	3	Nikki Hamblin		WMEN	4:38.78	-
2046	4	Tyler Heinz	La Crosse, WI	M2529	4:23.85	-
2	4	Nate Brannen		MEN	4:13.23	-
26	4	Rachel Schneider		WMEN	4:40.03	-
3066	5	Drew Burmahl	Cedar Rapids, IA	M2529	4:25.58	-
8	5	Robby Nierman		MEN	4:13.58	-
21	5	Amanda Eccleston		WMEN	4:44.41	-
9	6	Drew Windle		MEN	4:14.35	-
28	6	Katy Moen		WMEN	4:50.04	-
3490	6	Christopher Kaminski	Des Moines, IA	M1419	4:27.29	-
1988	7	William Graham	Ames, IA	M2024	4:29.18	-
23	7	Stephanie Jenks		WMEN	5:15.16	-
2861	8	Ali Jandal	La Crosse, WI	M2024	4:30.90	-
1693	9	Nick Bowerman	Arlington Heights, IL	M3034	4:35.14	-
2254	10	Ross Lorber	Omaha, NE	M2024	4:37.99	-
2685	11	Austin Tegels	Des Moines, IA	M2529	4:38.62	-
3435	12	Kyle Donnelly	Des Moines, IA	M2024	4:38.90	-
3046	13	Nick Andresen	Iowa City, IA	M2529	4:38.95	-
2697	14	Mark Thompson	Iowa City, IA	M3539	4:40.12	-
3063	15	Justin Bond	Des Moines, IA	M2529	4:40.62	-
2134	16	Scott Johnson	Johnston, IA	M3034	4:41.56	-

408	17	Martin Popp	West Des Moines, IA	M3034	4:42.24	-
3069	18	Keith Carlson	Ames, IA	M2024	4:43.25	-
2016	19	Andrew Hamer	Osceola, IA	M2529	4:44.32	-
3166	20	Jack Johnson	West Des Moines, IA	M3539	4:44.59	-
607	21	Jacob Kaemmer	Des Moines, IA	M3539	4:46.16	-
2108	22	Timothy Ives	Pleasant Hill, IA	M3539	4:47.16	-
3493	23	Jackson Teeling	Waukee, IA	M2529	4:47.75	-
3452	24	Zac Voss	Des Moines, IA	M3539	4:48.28	-
3450	25	MacCoy Benzen	Plymouth, MN	M2024	4:48.96	-
1566	26	Toby Moore	Waukee, IA	M3034	4:49.28	-
2938	27	Scott Cale	Carroll, IA	M3034	4:50.29	-
1603	28	Ryan Anderson	Rochester, MN	M3539	4:50.67	-
3244	29	Evan Neubauer	Iowa City, IA	M2529	4:51.18	-
1953	30	Stacy Garrels	Indianola, IA	M4044	4:51.89	-
1757	31	Patrick Carruthers-Green	Des Moines, IA	M3034	4:52.39	-
1665	32	Adam Best	West Des Moines, IA	M2024	4:54.45	-
3234	33	Vic Morales	Johnston, IA	M4044	4:55.10	-
2876	34	Alec Bognar	Des Moines, IA	M1419	4:56.02	-
717	35	Joseph Aulwes	Bondurant, IA	M3539	4:56.72	-
731	36	Ross Megargel	West Des Moines, IA	M3034	4:58.92	-
3361	37	Dan Jensen	Johnston, IA	M2024	4:59.24	-
1630	38	Kevin Barnes	Indianola, IA	M4044	4:59.48	-
719	39	Christopher Birler	Polk City, IA	M4549	4:59.67	-
3402	40	Derek Sprang	Des Moines, IA	M2024	5:01.00	-
2882	41	Adam Freese	Des Moines, IA	M2529	5:03.48	-
1937	42	Ryan Fye	Clive, IA	M3539	5:03.52	-
818	43	John Baker	Des Moines, IA	M3034	5:03.59	-
643	44	Sean Severe	Des Moines, IA	M3034	5:03.69	-
2213	45	Scott Lamparek	West Des Moines, IA	M2529	5:04.01	-
2390	46	Mike Newman	Cedar Rapids, IA	M3539	5:07.14	-
2933	47	Jon Rathje	Ankeny, IA	M3539	5:07.60	-
2171	48	Jamie Kennedy	Downers Grove, IL	M2024	5:08.41	-
2937	49	Nathan Wenck	Carroll, IA	M3539	5:08.41	-
2411	50	Will Ode	Des Moines, IA	M1419	5:10.29	-
2205	51	Jim Krzak	West Des Moines, IA	M4044	5:10.90	-
3217	52	Michael Matula	Urbandale, IA	M3034	5:13.28	-
1869	53	Tony Ekman	Johnston, IA	M3539	5:13.63	-
2011	54	Jeremy Haack	Urbandale, IA	M3539	5:13.64	-
3257	55	Kienan Otto	Ames, IA	M1419	5:13.85	-
1555	56	Paxton Bennett	West Des Moines, IA	M4044	5:14.20	-
2899	57	Michael Donahue	Des Moines, IA	M2529	5:14.89	-
680	58	Krista Maguire	Des Moines, IA	F2024	5:15.26	-
913	59	Konrad Christensen	Ankeny, IA	M4044	5:15.84	-
1773	60	Craig Christians	Bellevue, NE	M5559	5:17.71	-
1673	61	Robert Bibens	West Des Moines, IA	M2529	5:17.92	-
791	62	Jeff Nietert	Palo, IA	M5559	5:18.17	-

1571	63	Stu Sorrel	Clive, IA	M3539	5:19.25	-
128	64	Ravi Bhave	Ames, IA	M4044	5:21.02	-
3089	65	Brad Dains	Adel, IA	M3539	5:22.34	-
755	66	Jason Hahn	Des Moines, IA	M4549	5:23.22	-
1556	67	Ryan Blane	West Des Moines, IA	M3539	5:23.41	-
2368	68	Edward Mueller	Springfield, IL	M1419	5:23.84	-
2497	69	Eric Rasmussen	Omaha, NE	M3034	5:24.09	-
2924	70	Bret Fanning	Cheyenne, WY	M2529	5:24.19	-
3003	71	Derek Dreier	Des Moines, IA	M3034	5:24.87	-
562	72	Luke Spencer	Des Moines, IA	M4044	5:25.64	-
3111	73	Jay Fogarty	Clive, IA	M4549	5:25.86	-
2579	74	Jenny Schulze	Clive, IA	F4044	5:25.87	-
1809	75	Cael Cox	Ankeny, IA	M0113	5:26.03	-
413	76	Ben Reyes	St. Charles, IA	M4044	5:27.73	-
3393	77	Michael Gorski	Des Moines, IA	M4044	5:28.33	-
711	78	Patrick McGowan	Urbandale, IA	M5054	5:28.76	-
185	79	Stephan De La Cruz	Des Moines, IA	M2529	5:28.77	-
742	80	Neil Young	Des Moines, IA	M3034	5:29.27	-
3222	81	Stan McCormack	Shawnee, KS	M5559	5:30.24	-
1819	82	Jackson Dahlquist	Des Moines, IA	M2024	5:30.28	-
2702	83	Jonah Tibbits	Ames, IA	M2024	5:30.32	-
2669	84	Samuel Susanin	Des Moines, IA	M2529	5:31.08	-
740	85	Eric Welch	Woodward, IA	M4549	5:31.75	-
3203	86	Ryan Lovstad	Ames, IA	M2529	5:32.93	-
2566	87	Jacob Schnackenberg	Lenexa, KS	M2024	5:32.97	-
3341	88	Jeff Yanda	West Des Moines, IA	M2024	5:33.20	-
2420	89	Nathan Osborn	Ankeny, IA	M0113	5:35.01	-
1957	90	Caanan Gassmann	Pleasant Hill, IA	M1419	5:35.14	-
2299	91	Tate McDermott	Grimes, IA	M0113	5:35.30	-
1664	92	Briana Berryhill	Des Moines, IA	F3034	5:35.41	-
726	93	Tim Hart	Johnston, IA	M4549	5:35.54	-
727	94	Troy Henrich	West Des Moines, IA	M3539	5:35.59	-
1682	95	Joe Bolkcom	Iowa City, IA	M5559	5:36.04	-
681	96	Melissa Parks	Omaha, NE	F2024	5:36.93	-
1935	97	Mike Furrow	Johnston, IA	M5054	5:37.60	-
3232	98	John Mongar Jr.	Ames, IA	M2529	5:37.69	-
2928	99	Aidan O'Connor	Johnston, IA	M0113	5:37.73	-
567	100	Mike Trautmann	Des Moines, IA	M5054	5:38.16	-
2062	101	Matthew Hilbert	West Des Moines, IA	M3034	5:38.19	-
2266	102	Alexander Maciejewski	Schaumburg, IL	M1419	5:38.91	-
2413	103	Alex Oliver	Oakland, IA	M3034	5:38.91	-
1609	104	John Armon	Cedar Rapids, IA	M4549	5:39.14	-
1059	105	Nathan Graff	Urbandale, IA	M2024	5:39.18	-
2445	106	Truman Patterson	Ankeny, IA	M0113	5:39.23	-
1952	107	Robert Garcia	Lavista, NE	M60UP	5:39.95	-
1863	108	Patrick Dunn	Norwalk, IA	M4549	5:40.17	-

3449	109	Matt Meier	Urbandale, IA	M3539	5:40.50	-
912	110	Kade Christensen	Ankeny, IA	M0113	5:40.56	-
3223	111	Ryan McIntosh	Ankeny, IA	M3539	5:40.57	-
2126	112	Cameron Johnson	Des Moines, IA	M2024	5:41.14	-
3300	113	Carter Smith	Ankeny, IA	M0113	5:41.14	-
2941	114	Chuck Fritz	Clive, IA	M5054	5:41.54	-
2360	115	Tony Morrison	Newton, IA	M4549	5:41.73	-
723	116	James Clevenger	West Des Moines, IA	M3539	5:41.78	-
1514	117	Nathan Weber	Waukee, IA	M3539	5:42.12	-
3285	118	Kyle Ruby	Urbandale, IA	M0113	5:43.23	-
3052	119	Dillon Baker	Des Moines, IA	M2529	5:43.66	-
2476	120	Jaxson Plumb	Des Moines, IA	M0113	5:44.08	-
2761	121	Garrett Weber	Waukee, IA	M0113	5:44.09	-
1793	122	Robert Collis	West Des Moines, IA	M4044	5:46.49	-
682	123	Michael Schnackenberg	Des Moines, IA	M2529	5:47.23	-
3112	124	Greg Foote	Waukee, IA	M2529	5:48.46	-
2723	125	Carrie Van Quathem	Urbandale, IA	F4044	5:48.60	-
362	126	Todd Neumann	Grimes, IA	M4549	5:49.94	-
2893	127	Nick Gifford	Pleasant Hill, IA	M3034	5:50.28	-
1091	128	Quinn Hildman	Waukee, IA	M3539	5:50.89	-
1568	129	Sara Schwendinger	Des Moines, IA	F3539	5:51.19	-
735	130	Dan Spielbauer	Johnston, IA	M4044	5:51.34	-
1750	131	Donnie Carpenter	Des Moines, IA	M1419	5:51.75	-
2356	132	Matthew Morgan	Ankeny, IA	M4549	5:52.37	-
3301	133	Colton Smith	Des Moines, IA	M2529	5:53.76	-
2999	134	Kyle Prendergast	Des Moines, IA	M3539	5:54.33	-
1592	135	Savana Alt	Ankeny, IA	F0113	5:54.39	-
2490	136	Rj Rademacher	Des Moines, IA	M3034	5:54.78	-
2721	137	Kade Van Meeteren	Ankeny, IA	M1419	5:54.82	-
1591	138	Christopher Alt	Ankeny, IA	M3034	5:55.22	-
2286	139	Thomas McBride	Des Moines, IA	M60UP	5:55.72	-
2489	140	Anthony Pudlo	Waukee, IA	M3034	5:56.17	-
2699	141	Truman Thompson	Iowa City, IA	M0113	5:56.70	-
1422	142	Brandon Short	Carlisle, IA	M1419	5:57.34	-
2580	143	Lauren Schulze	Clive, IA	F0113	5:57.55	-
2920	144	Carson Lane	Ankeny, IA	M0113	5:59.01	-
749	145	Robyn Clevenger	West Des Moines, IA	F3539	6:00.46	-
3419	146	Ben Every	Grimes, IA	M0113	6:01.00	-
240	147	Halley Griess	Urbandale, IA	M3034	6:01.68	-
3365	148	Jack Bergman	Des Moines, IA	M0113	6:01.82	-
3448	149	John Klein	Des Moines, IA	M3539	6:02.12	-
2143	150	Scott Jones	Ankeny, IA	M4044	6:02.18	-
675	151	Erin Bailey	Des Moines, IA	F4044	6:03.00	-
575	152	David Courard-Hauri	Des Moines, IA	M4549	6:03.03	-
3333	153	Audrey Weidman	Des Moines, IA	F2529	6:03.08	-
2665	154	Matt Stueckradt	Ankeny, IA	M0113	6:03.38	-

2142	155	Nathan Jones	Ankeny, IA	M0113	6:03.71	-
3264	156	Lynzy Peters	Ankeny, IA	F2024	6:04.43	-
1760	157	Carley Castelein	Des Moines, IA	F2024	6:04.99	-
3318	158	Brian Terhark	Clive, IA	M4549	6:05.00	-
3458	159	Anders Peterson	Ankeny, IA	M0113	6:05.30	-
1914	160	Bill Ford	Polk City, IA	M5054	6:05.41	-
1916	161	Will Ford	Polk City, IA	M0113	6:05.48	-
724	162	Alicia Dusenbury	Ankeny, IA	F2529	6:05.49	-
2441	163	Clay Pasqual	Des Moines, IA	M2024	6:06.26	-
2841	164	Joshua Yeager	Center Point, IA	M1419	6:06.80	-
2298	165	Meredith McDermott	Grimes, IA	F0113	6:06.87	-
910	166	Rob Chickering	Des Moines, IA	M1419	6:07.02	-
3395	167	George Webb	Morton Grove, IL	M2024	6:08.23	-
3394	168	Reed Fischer	Minnetonka, MN	M2024	6:08.51	-
1898	169	Henry Fink	Des Moines, IA	M0113	6:08.67	-
2915	170	Jonathan Koehn	Pleasantville, IA	M2024	6:08.78	-
705	171	Jess Hoffert	Des Moines, IA	M2529	6:08.81	-
3287	172	David Schneider	Clive, IA	M4549	6:08.82	-
3479	173	Christian Rathje	Ankeny, IA	M0113	6:08.82	-
3403	174	Joseph Berei	Des Moines, IA	M2024	6:09.38	-
1899	175	Jackson Fink	Des Moines, IA	M1419	6:09.42	-
3459	176	Nate Zimmermann	Des Moines, IA	M2024	6:09.95	-
2890	177	Calvin Quarterman	Des Moines, IA	M2024	6:10.29	-
498	178	Shelley Vrchota	Windsor Heights, IA	M3539	6:10.67	-
721	179	Steven Callistein	Des Moines, IA	M4549	6:11.50	-
733	180	Adam Newman	Adel, IA	M4044	6:11.80	-
2698	181	Natalee Thompson	Iowa City, IA	F3539	6:12.17	-
400	182	Marley Pearce	Urbandale, IA	F0113	6:12.62	-
685	183	Scott Greenwood	Des Moines, IA	M4549	6:12.86	-
3165	184	Mason Jensen	Ankeny, IA	M0113	6:12.93	-
2814	185	Jonathon Williams	Ames, IA	M0113	6:13.19	-
3110	186	Connor Fogarty	Clive, IA	M0113	6:13.25	-
3420	187	Jack Every	Grimes, IA	M0113	6:14.83	-
2153	188	Ryan Judas	Urbandale, IA	M4044	6:14.87	-
2457	189	Jon Pena	Grimes, IA	M4044	6:14.96	-
3471	190	Josh Hickie	Corydon, IA	M3539	6:15.02	-
3282	191	Brad Rounds	Ankeny, IA	M4549	6:15.34	-
689	192	Colby Gardner	West Des Moines, IA	M3539	6:15.81	-
1768	193	Haley Chelsvig	Des Moines, IA	F2024	6:15.92	-
196	194	Ethan Drown	Urbandale, IA	M0113	6:16.00	-
1889	195	Steve Falck	Des Moines, IA	M5559	6:16.18	-
2462	196	Dan Petrak	Grimes, IA	M4044	6:16.22	-
2104	197	Amanda Ives	Pleasant Hill, IA	F3539	6:16.80	-
738	198	Chris Vlahakis	Ankeny, IA	M4549	6:17.06	-
714	199	Casey Showalter	Altoona, IA	M5559	6:17.22	-
2994	200	Isaac Schoessler	West Des Moines, IA	M0113	6:17.39	-

3457	201	Cameron Christoff	Des Moines, IA	M2024	6:17.89	-
520	202	Tim Wieland	Des Moines, IA	M2529	6:18.03	-
2499	203	Jackson Reed	Ankeny, IA	M0113	6:18.59	-
2442	204	Ajay Patel	West Des Moines, IA	M3539	6:18.66	-
2409	205	Shea Obrien	Des Moines, IA	F2024	6:18.90	-
3343	206	Harrison Yu	Des Moines, IA	M2024	6:19.10	-
1139	207	Burton Joseph	West Des Moines, IA	M3539	6:19.10	-
1795	208	Christine Comito	Des Moines, IA	F4549	6:20.07	-
399	209	Erin Pearce	Urbandale, IA	F4044	6:20.58	-
3483	210	Andrew Rosenberger	West Des Moines, IA	M3034	6:20.79	-
3176	211	Nicholas Klobberdanz	Ankeny, IA	M3034	6:21.38	-
2154	212	Taylor Judas	Urbandale, IA	F0113	6:21.53	-
2173	213	Cara Kennedy-Ode	Des Moines, IA	F4044	6:21.59	-
732	214	Katie Meyer	Norwalk, IA	F2529	6:22.23	-
608	215	Jacqui Kalin	Des Moines, IA	F2529	6:22.36	-
2591	216	Muhammad Shamsuddin	Ames, IA	M2024	6:22.67	-
2141	217	Kellen Jones	Ankeny, IA	M0113	6:22.79	-
220	218	Cody Galvin	West Des Moines, IA	M2529	6:23.01	-
747	219	Paul Brees	Urbandale, IA	M5559	6:24.66	-
3256	220	Rebecca Osthus	Des Moines, IA	F1419	6:25.07	-
565	221	Jacob Welchans	Des Moines, IA	M3539	6:25.17	-
728	222	Joan Kallen	Johnston, IA	F3539	6:26.30	-
892	223	William Carlson	Johnston, IA	M4549	6:26.83	-
3312	224	George Stock	Ankeny, IA	M4549	6:27.32	-
3044	225	Ryan Allen	Ankeny, IA	M0113	6:27.43	-
2681	226	Ben Taylor	Ankeny, IA	M0113	6:27.65	-
3289	227	Cole Schrage	Urbandale, IA	M0113	6:28.69	-
288	228	Lance Johnston	Huxley, IA	M3034	6:28.90	-
2136	229	Haley Johnston	Huxley, IA	F0113	6:29.38	-
2532	230	Rachel Rowley	Windsor Heights, IA	F4044	6:29.41	-
2662	231	Bob Strickland	Cedar Rapids, IA	M60UP	6:29.47	-
3103	232	Paul Erredge	Ankeny, IA	M0113	6:29.57	-
1848	233	Wayne Douet	Ames, IA	M4549	6:29.86	-
3284	234	Ty Rounds	Ankeny, IA	M0113	6:30.03	-
2331	235	David Miller	Urbandale, IA	M60UP	6:30.07	-
290	236	Owen Johnston	Urbandale, IA	M0113	6:31.68	-
3273	237	Jessica Richter	Des Moines, IA	F2024	6:32.34	-
908	238	Grace Chickering	Des Moines, IA	F0113	6:33.11	-
2539	239	Nicole Russell	Des Moines, IA	F3539	6:34.22	-
2574	240	Josh Schultz	West Des Moines, IA	M3539	6:34.29	-
2241	241	Hannah Little	Grimes, IA	F0113	6:34.85	-
2463	242	Gavin Petrak	Grimes, IA	M1419	6:35.14	-
3443	243	Noah Mable	Urbandale, IA	M1419	6:35.35	-
2522	244	Bella Robben	Ankeny, IA	F0113	6:35.37	-
2892	245	David Paulson	Urbandale, IA	M2529	6:35.50	-
2576	246	Dan Schulz	Norwalk, IA	M4549	6:35.84	-

2575	247	Annika Schulz	Norwalk, IA	F0113	6:36.07	-
2562	248	Tim Schlichte	Des Moines, IA	M2529	6:36.15	-
3386	249	Elizabeth Hahn	Des Moines, IA	F0113	6:36.16	-
1680	250	Will Blackmore	Ankeny, IA	M0113	6:36.78	-
2451	251	Morgan Pearce	Urbandale, IA	F0113	6:36.84	-
482	252	Jitendra Tripathi	Des Moines, IA	M3034	6:36.91	-
2188	253	William Klein	Clive, IA	M0113	6:37.13	-
2656	254	Ethan Stierman	Polk City, IA	M0113	6:37.14	-
796	255	Bill Anderson	Des Moines, IA	M4044	6:37.80	-
2939	256	Charlie Bennett	Ames, IA	M0113	6:38.38	-
2482	257	Michele Poss	Johnston, IA	F4549	6:38.44	-
2297	258	Emerson McDermott	Grimes, IA	F0113	6:38.53	-
2724	259	Erin Van Quathem	Urbandale, IA	F0113	6:39.85	-
2980	260	Jordan Grindeland	Des Moines, IA	M2529	6:40.24	-
2773	261	Bob Weidman	Council Bluffs, IA	M5559	6:40.48	-
1418	262	Kheksavanh Sensouk	Des Moines, IA	M3539	6:40.53	-
3097	263	Tyler Dorin	Pleasant Hill, IA	M2529	6:42.28	-
991	264	Adam Ehllis	Des Moines, IA	M4044	6:42.56	-
2500	265	Kiefer Reed	Ankeny, IA	M0113	6:42.69	-
3002	266	Unknown Runner			6:43.29	-
3149	267	Owen Howells	Des Moines, IA	M0113	6:43.37	-
2466	268	Brian Pflum	West Des Moines, IA	M2024	6:43.89	-
2881	269	Aquantas Walker	Ames, IA	M1419	6:44.03	-
3192	270	Macie Langstraat	Ankeny, IA	F0113	6:44.18	-
2558	271	Todd Schemper	Des Moines, IA	M4044	6:44.41	-
2559	272	Zachary Schemper	Des Moines, IA	M0113	6:44.52	-
2224	273	Jerry Lawson	Winona, MN	M60UP	6:44.68	-
943	274	Kevin Dao	West Des Moines, IA	M2529	6:44.74	-
291	275	Michael Jones	West Des Moines, IA	M2529	6:45.00	-
2190	276	Zach Kline	Bondurant, IA	M0113	6:45.18	-
3316	277	Megan Tackett	Urbandale, IA	F2024	6:45.27	-
3155	278	Morgan Hunt	West Des Moines, IA	F0113	6:45.30	-
2842	279	Johnny Ytzen	Creston, IA	M60UP	6:45.74	-
375	280	Taylor Norland	Des Moines, IA	M2529	6:45.87	-
2560	281	Amy Scheuerell	Des Moines, IA	F3539	6:45.91	-
2473	282	Michael Pierick	Des Moines, IA	M0113	6:45.91	-
2585	283	Norah Seeley	Urbandale, IA	F0113	6:46.03	-
3362	284	Rebecca McIntosh	Des Moines, IA	F5054	6:46.34	-
1638	285	Joshua Barron	Des Moines, IA	M0113	6:46.45	-
2056	286	London Hershberger	Ankeny, IA	M0113	6:46.50	-
2898	287	Elle Gannon	Grimes, IA	F0113	6:46.89	-
2057	288	Mike Hershberger	Ankeny, IA	M4044	6:46.97	-
2942	289	Unknown Runner			6:47.01	-
3350	290	Guadalupe Perez	Urbandale, IA	M3034	6:47.53	-
2439	291	Jaide Pappas	Urbandale, IA	F0113	6:47.58	-
481	292	Alfredo Trejo	Norwalk, IA	M3034	6:47.87	-

2209	293	Jack Lacey	Ankeny, IA	M0113	6:48.91	-
3319	294	Luke Thoensen	Johnston, IA	M3539	6:48.95	-
1856	295	Tanner Drabek	Altoona, IA	M1419	6:49.01	-
1855	296	Declan Drabek	Altoona, IA	M0113	6:49.04	-
2336	297	Scott Mills	Des Moines, IA	M4549	6:49.05	-
2833	298	Mallory Wurth	Urbandale, IA	F0113	6:49.29	-
2335	299	Jessica Mills	Des Moines, IA	F0113	6:49.31	-
756	300	Emily Kell	Urbandale, IA	F4044	6:49.32	-
3043	301	Nashmi Albadarin	Clive, IA	M2024	6:50.31	-
432	302	Kevin Sanders	Des Moines, IA	M2529	6:50.40	-
2604	303	Allison Smith	Lenexa, KS	F2024	6:50.42	-
2832	304	Ivy Wurth	Urbandale, IA	F4044	6:50.67	-
1989	305	Melissa Grandon	Waukee, IA	F3539	6:50.82	-
1485	306	Alex Van Quathem	Urbandale, IA	M4549	6:51.12	-
423	307	Matt Rowles	Des Moines, IA	M3539	6:51.21	-
2808	308	Hannah Wilder	Wheatfield, IN	F2024	6:51.36	-
3085	309	Liam Curtis	Des Moines, IA	M0113	6:51.72	-
2864	310	Ashton Hensley	Urbandale, IA	M0113	6:51.98	-
1924	311	Susan Fray	Jefferson, IA	F5559	6:52.26	-
2119	312	Adrienne Jensen	Des Moines, IA	F2024	6:52.42	-
1844	313	Tony Dilla	West Des Moines, IA	M5054	6:53.33	-
3453	314	Jason Hennessey	Des Moines, IA	M4044	6:53.64	-
3065	315	Kevin Briggeman	Grimes, IA	M3539	6:53.89	-
3447	316	Dinah Bloom	Grimes, IA	F3539	6:54.38	-
1912	317	Tim Flowers	West Des Moines, IA	M5559	6:54.90	-
207	318	Justin Ewald	West Des Moines, IA	M2529	6:54.99	-
2854	319	Robert Rasmussen	Des Moines, IA	M4044	6:55.05	-
2283	320	Matt May	Des Moines, IA	M2529	6:55.07	-
2023	321	Davis Hardersen	Urbandale, IA	M0113	6:55.30	-
414	322	Ben Reyes III	St. Charles, IA	M0113	6:55.72	-
3388	323	Melanie Dana	Grimes, IA	F2529	6:55.99	-
1240	324	Bill May	Des Moines, IA	M5054	6:56.09	-
62	325	Kayla Mangrich	Des Moines, IA	F2024	6:56.81	-
594	326	McKenna Haase	Des Moines, IA	F1419	6:56.89	-
2926	327	Matthew Hoover	Des Moines, IA	M0113	6:57.31	-
2274	328	Todd Mattison	Green Bay, WI	M5559	6:57.62	-
125	329	Kristin Bernhardt	Urbandale, IA	F3034	6:58.03	-
2546	330	Mohamad Samsudin	Ames, IA	M2024	6:58.17	-
3367	331	Greta Bergman	Des Moines, IA	F0113	6:58.37	-
3366	332	Anna Bergman	Des Moines, IA	F3539	6:58.59	-
1729	333	Emily Bueltel	Des Moines, IA	F0113	6:58.61	-
2986	334	Frankie Hassler	West Des Moines, IA	F0113	6:58.75	-
2812	335	Geoffrey Williams	Ames, IA	M0113	6:59.13	-
2051	336	Alex Henrich	Des Moines, IA	M2529	6:59.41	-
1995	337	Janean Griffith	Des Moines, IA	F5559	6:59.98	-
2440	338	Maia Pappas	Urbandale, IA	F0113	7:00.04	-

3430	339	Mark Sundet	Urbandale, IA	M4044	7:01.55	-
3431	340	Lillian Sundet	Urbandale, IA	F0113	7:01.60	-
1639	341	Owen Barstad	Des Moines, IA	M0113	7:01.68	-
2396	342	Jate Nicol	Johnston, IA	M0113	7:02.17	-
762	343	Dean Schmitz	West Des Moines, IA	M4549	7:02.52	-
2395	344	Jared Nicol	Johnston, IA	M3539	7:03.30	-
2983	345	Roman Reinhardt	Des Moines, IA	M0113	7:03.76	-
2168	346	Mallory Kell	Urbandale, IA	F0113	7:04.02	-
3314	347	Tyler Straka	Urbandale, IA	M0113	7:04.19	-
1563	348	Nathan Johnston	West Des Moines, IA	M3539	7:04.47	-
2325	349	Mallory Metzger	Waukee, IA	F0113	7:04.93	-
599	350	Emma Haselhuhn	Des Moines, IA	F1419	7:05.53	-
725	351	Jenny Goodman	Johnston, IA	F4044	7:05.68	-
1538	352	Brad Willemssen	Des Moines, IA	M3539	7:05.68	-
3369	353	Laila Fisher	Des Moines, IA	F0113	7:05.99	-
578	354	Sarah Dierksen	West Des Moines, IA	F2024	7:06.09	-
1987	355	Morgan Grabinoski	Ankeny, IA	F2024	7:06.17	-
3428	356	Meghna Mallapan	Des Moines, IA	F1419	7:06.24	-
628	357	Cort McElmury	Des Moines, IA	M2024	7:06.59	-
2796	358	Steve Wheeler	Pleasant Hill, IA	M4044	7:06.78	-
1610	359	Kayla Armstrong	Des Moines, IA	F2024	7:06.93	-
1828	360	Xavier Davis	Windsor Heights, IA	M0113	7:06.97	-
2392	361	Mark Neyens	Des Moines, IA	M2529	7:08.07	-
2163	362	Mallory Karr	Arvada, CO	F2024	7:08.11	-
2897	363	Ava Gannon	Grimes, IA	F0113	7:08.58	-
2888	364	Shania Twedt	Ankeny, IA	F0113	7:08.61	-
3191	365	Benjamin Lacke	Des Moines, IA	M1419	7:08.83	-
286	366	Eddy Johnston	Urbandale, IA	M4549	7:09.61	-
2759	367	Brian Webb	Des Moines, IA	M4044	7:09.78	-
802	368	Aravind Anna	West Des Moines, IA	M4044	7:09.79	-
2510	369	Laura Rempfer	Des Moines, IA	F3539	7:09.88	-
1266	370	Jana Michael	Des Moines, IA	F3034	7:10.43	-
3214	371	Will Marquardt	Ankeny, IA	M0113	7:10.78	-
231	372	Dawn Goodwin	Ankeny, IA	F4044	7:11.19	-
1651	373	Mary Bender	West Des Moines, IA	F3034	7:12.48	-
2949	374	Balachandran Nair	West Des Moines, IA	M5054	7:12.73	-
2655	375	Austin Stierman	Polk City, IA	M0113	7:13.96	-
541	376	Mark Movic	Des Moines, IA	M5559	7:14.58	-
1758	377	Simon Casady	Indianola, IA	M60UP	7:14.75	-
673	378	Nathan Ritz	Des Moines, IA	M3034	7:14.79	-
3204	379	Kiley Lumley	Urbandale, IA	F0113	7:14.92	-
2611	380	Matt Smith	Des Moines, IA	M3034	7:15.29	-
2248	381	Kathleen Loder	Des Moines, IA	F0113	7:15.52	-
3281	382	Ava Rounds	Ankeny, IA	F0113	7:15.68	-
795	383	Karim Amiry	Johnston, IA	M4549	7:15.71	-
1433	384	Tony Sithonnorath	Des Moines, IA	M3034	7:15.89	-

1800	385	Susan Coon	Earlham, IA	F4549	7:15.96	-
3389	386	Luke Gorski	Des Moines, IA	M1419	7:16.28	-
3377	387	Abigail Loder	Ankeny, IA	F0113	7:16.58	-
193	388	Eric Dillinger	Des Moines, IA	M4044	7:16.70	-
250	389	Audrey Hager	Urbandale, IA	F0113	7:16.85	-
1264	390	Jordan Metz	Pleasant Hill, IA	M2529	7:17.83	-
2330	391	Joe Meyers	Des Moines, IA	M4549	7:17.84	-
3086	392	Ben Dagraedt	Des Moines, IA	M2024	7:17.85	-
1103	393	Aaron Hollander	Des Moines, IA	M3034	7:17.93	-
2601	394	Ryan Skajewski	Medicine Lake, MN	M2024	7:18.25	-
1708	395	Erik Brickman	Urbandale, IA	M4044	7:18.78	-
2722	396	Avery Van Quathem	Urbandale, IA	F0113	7:18.91	-
2055	397	Camden Hershberger	Ankeny, IA	F0113	7:19.27	-
2033	398	Ella Harrington	Clive, IA	F0113	7:19.37	-
1221	399	Andy Lumadue	Clive, IA	M5054	7:19.67	-
2701	400	Katie Thurstin	Des Moines, IA	F3539	7:19.77	-
3189	401	Riley Kuennen	West Des Moines, IA	F1419	7:19.86	-
186	402	Ajay Dendi	West Desmoines, IA	M2529	7:20.15	-
1671	403	Brennen Bhawe	Ames, IA	M0113	7:20.41	-
3477	404	Justice Rathje	Ankeny, IA	M0113	7:20.87	-
2573	405	Christy Schuling	Bondurant, IA	F5559	7:21.61	-
2228	406	Savannah Lee	West Des Moines, IA	F0113	7:21.75	-
253	407	Miriam Hager	Urbandale, IA	F3539	7:21.82	-
2357	408	Haley Morris	Clive, IA	F2024	7:22.11	-
949	409	Elle Davis	Prairie City, IA	F0113	7:22.52	-
774	410	Brody Kucharo	Windsor Heights, IA	M0113	7:22.61	-
678	411	Dalton Fabian	Des Moines, IA	M2024	7:22.71	-
1756	412	Laura Carruthers-Green	Des Moines, IA	F2529	7:22.93	-
3432	413	Scott Franklin	Urbandale, IA	M5559	7:23.46	-
3455	414	Laci Hennessey	Des Moines, IA	F0113	7:23.76	-
970	415	Katie Dietz	Des Moines, IA	F2529	7:23.77	-
2823	416	Brooke Woodyard	Altoona, IA	F0113	7:23.93	-
469	417	Victor Svecs	Clive, IA	M3539	7:24.16	-
3302	418	Isaiah Smith	Ankeny, IA	M0113	7:24.32	-
3416	419	Thomas Bernau	Des Moines, IA	M5559	7:24.90	-
3429	420	Owen Palmer	Des Moines, IA	M0113	7:25.19	-
2696	421	Lucy Thompson	Iowa City, IA	F0113	7:25.82	-
2308	422	Roadog McKibben	Clive, IA	M5559	7:25.89	-
3080	423	Jessia Connelly	Johnston, IA	F1419	7:26.05	-
1111	424	Jason Huffman	Des Moines, IA	M3034	7:26.96	-
2010	425	Ryan Gustafson	Ankeny, IA	M3539	7:27.89	-
3328	426	Sam Wade	Altoona, IA	M0113	7:28.03	-
2863	427	Gracie Lindaman	Ankeny, IA	F0113	7:28.79	-
2858	428	John John	West Des Moines, IA	M60UP	7:29.07	-
2900	429	Mary Thompson	Des Moines, IA	F5054	7:29.48	-
2989	430	Owen Means	Des Moines, IA	M0113	7:29.52	-

3106	431	Peter Farley	West Saint Paul, MN	M2024	7:29.52	-
3187	432	Keith Kuennen	West Des Moines, IA	M4549	7:30.40	-
2996	433	Gavin Quill	Clive, IA	M5054	7:30.47	-
808	434	Tammy Armstrong	Des Moines, IA	F2529	7:30.67	-
617	435	Maria Loder	Des Moines, IA	F4044	7:30.99	-
1166	436	Erica Knupp	Indianola, IA	F0113	7:31.41	-
187	437	Vicky Desai	West Des Moines, IA	M2529	7:31.69	-
1516	438	Troy T. Weiland	Des Moines, IA	M4044	7:31.81	-
2404	439	Nick Norrell	Des Moines, IA	M2024	7:31.92	-
2904	440	Anna Krueger	Des Moines, IA	F0113	7:32.20	-
2903	441	Jay Krueger	Des Moines, IA	M3539	7:32.49	-
2677	442	John Taft	Newhall, IA	M2529	7:32.50	-
3283	443	Dana Rounds	Ankeny, IA	F4044	7:32.89	-
3327	444	Kenneth Wade	Altoona, IA	M4549	7:32.89	-
2654	445	Wayne Stewart	West Des Moines, IA	M60UP	7:33.05	-
3334	446	Avery Wermers	Ankeny, IA	F1419	7:33.13	-
287	447	Karen Johnston	Urbandale, IA	F4044	7:33.34	-
593	448	Hope Grebner	Windsor Heights, IA	F2529	7:33.40	-
3258	449	Bella Parker	Indianola, IA	F0113	7:33.57	-
2437	450	Belayet Pandey	Waukee, IA	M3539	7:33.96	-
1597	451	Carrie Anderson	Des Moines, IA	F2529	7:34.43	-
2612	452	Mitch Smith	West Des Moines, IA	M2529	7:34.46	-
2984	453	Carew Christensen	Clive, IA	M0113	7:34.52	-
2995	454	George Inman	Ankeny, IA	M3034	7:34.58	-
1862	455	Kelley Dunlop	Des Moines, IA	F2024	7:34.70	-
3156	456	Nolan Hunt	West Des Moines, IA	M0113	7:34.80	-
663	457	Kathleen Willem	West Des Moines, IA	F2529	7:35.62	-
2885	458	Serena Connelly	Johnston, IA	F1419	7:35.73	-
2672	459	Lance Swanepoel	Ankeny, IA	M0113	7:35.92	-
637	460	Shannon Sanders	Des Moines, IA	F2529	7:36.04	-
2794	461	Lillian Wheeler	Pleasant Hill, IA	F0113	7:36.14	-
3303	462	Lizzie Sorensen	West Des Moines, IA	F0113	7:36.57	-
553	463	Jenny Inman	Ankeny, IA	F3034	7:37.06	-
2988	464	Joel Olson	Queen Creek, AZ	M3539	7:37.09	-
3158	465	George Inman	Ankeny, IA	M0113	7:37.27	-
3235	466	Jennifer Mosher	Urbandale, IA	F3539	7:37.33	-
1846	467	Ryan Domeyer	West Des Moines, IA	M2529	7:37.45	-
2424	468	Hudson Otis	Clive, IA	M0113	7:37.89	-
522	469	Bailey Wilson	Des Moines, IA	F2024	7:37.89	-
2727	470	Alex Van Wyk	Des Moines, IA	M5054	7:38.23	-
983	471	Jeff Dunlap	Des Moines, IA	M5054	7:38.68	-
387	472	Josh Otis	Clive, IA	M3034	7:38.70	-
2834	473	Evan Wyr	Ankeny, IA	M4044	7:38.80	-
821	474	Bindu Balachandran	West Des Moines, IA	F4549	7:39.12	-
2468	475	Danny Pierick	Des Moines, IA	M0113	7:39.21	-
3368	476	Jeffrey Tomkowitz	Des Moines, IA	M2529	7:39.37	-

1936	477	Rebecca Fuson	Urbandale, IA	F3034	7:39.53	-
440	478	Ashlee Schuling	Des Moines, IA	F2529	7:39.71	-
3275	479	Caitlin Robertson	Dallas City, IL	F2024	7:39.92	-
3344	480	Jj Zieminski	Apple Valley, MN	M2024	7:39.99	-
3304	481	Chloe Stacy	Shawnee, KS	F2024	7:40.02	-
3151	482	Josh Hulling	Des Moines, IA	M3539	7:40.49	-
3084	483	Carole Curtis	Des Moines, IA	F3539	7:40.59	-
1565	484	Rob Marinaro	Des Moines, IA	M4044	7:40.74	-
1775	485	Margaret Clapham	Cedarburg, WI	F1419	7:40.75	-
2192	486	Regan Kloppe	Cumming, IA	F0113	7:40.86	-
1421	487	Bob Short	Carlisle, IA	M4549	7:40.99	-
1930	488	Clara Freese	Ankeny, IA	F0113	7:41.36	-
664	489	Adam Brewer	Grimes, IA	M3034	7:41.96	-
1799	490	Nick Coon	Earlham, IA	M1419	7:42.25	-
1129	491	Jerry Johnson	Polk City, IA	M4549	7:42.26	-
2031	492	Angie Harrington	Clive, IA	F3539	7:43.54	-
2514	493	Hadley Ricklefs	Urbandale, IA	F0113	7:43.89	-
197	494	Lainey Drown	Urbandale, IA	F0113	7:44.12	-
3001	495	Kyle Merfeld	Des Moines, IA	M0113	7:44.71	-
349	496	Harshit Mishra	West Des Moines, IA	M2529	7:44.84	-
1719	497	Grant Brown	Des Moines, IA	M0113	7:45.49	-
1008	498	Erin Evans	Ankeny, IA	F2529	7:45.53	-
3220	499	Anyaar Mayom	Urbandale, IA	M0113	7:45.58	-
965	500	Mandi Deutsch	West Des Moines, IA	F2024	7:45.86	-
952	501	Joann De Haan	Urbandale, IA	F5054	7:45.95	-
2710	502	Julianna Tunney	Des Moines, IA	F3034	7:46.41	-
580	503	Adam Draayer	Des Moines, IA	M2529	7:46.57	-
968	504	Phillip Dickinson	Des Moines, IA	M3034	7:46.70	-
2017	505	Andrew Hamilton	Des Moines, IA	M1419	7:46.86	-
1774	506	Leah Churchman	Ankeny, IA	F4549	7:46.88	-
1659	507	Will Bernau	Des Moines, IA	M0113	7:47.57	-
55	508	Nathan Arnold	Des Moines, IA	M2529	7:47.62	-
1982	509	Sandra Gonzalez	Des Moines, IA	F2024	7:47.77	-
866	510	Lizel Bragg	Norwalk, IA	F2529	7:48.13	-
2071	511	John Hoelker	Waukee, IA	M4044	7:48.26	-
2527	512	Mitch Roerig	Des Moines, IA	M3034	7:48.32	-
3144	513	Charlie Hoffman	Ankeny, IA	M0113	7:48.67	-
1399	514	Sofia Rossi	Des Moines, IA	F1419	7:48.90	-
206	515	Andrea Everling	Clive, IA	F2529	7:49.74	-
1423	516	Colin Short	Carlisle, IA	M1419	7:49.97	-
3091	517	Lexi Dean	West Des Moines, IA	F0113	7:50.68	-
3152	518	Liam Hulling	Des Moines, IA	M0113	7:51.33	-
427	519	Woodrow Sabroske	Des Moines, IA	M2529	7:51.56	-
54	520	Lana Degroot	Oskaloosa, IA	F5054	7:51.67	-
1695	521	Noah Bowers	Des Moines, IA	M0113	7:51.79	-
1633	522	Will Barnhill	Johnston, IA	M0113	7:52.24	-

259	523	Wael Hassan	Des Moines, IA	M2529	7:52.75	-
1913	524	Heather Fomon	Des Moines, IA	F2529	7:52.82	-
1929	525	Audrey Freese	Ankeny, IA	F0113	7:53.41	-
3061	526	Raylee Bishop	Ankeny, IA	F0113	7:53.45	-
3468	527	Cynthia Reid	Sioux Center, IA	F5054	7:53.86	-
605	528	Lindsey Horner	Des Moines, IA	F3539	7:53.99	-
2608	529	Kyle Smith	Des Moines, IA	M3034	7:54.29	-
1706	530	Kevin Brennan	Des Moines, IA	M3034	7:54.31	-
2324	531	Griffin Messer	Adel, IA	M0113	7:54.78	-
48	532	Brady Fitz	Urbandale, IA	M0113	7:54.80	-
3385	533	Jade Mallicoat	Boone, IA	F2529	7:55.30	-
3150	534	Gavin Hulling	Des Moines, IA	M0113	7:55.33	-
3488	535	Thomas Mayes	Des Moines, IA	M4549	7:55.57	-
2018	536	Larry Hamm	Des Moines, IA	M60UP	7:55.65	-
2706	537	Sarah Triplett	Urbandale, IA	F2024	7:55.67	-
488	538	Laura Vansickle	Norwalk, IA	F3034	7:56.43	-
3370	539	Mary Tabor	Des Moines, IA	F5054	7:56.46	-
1950	540	Amber Gano	Grimes, IA	F3034	7:56.64	-
750	541	Sherri Cooney	Pleasant Hill, IA	F5054	7:57.15	-
730	542	Lisa McCullough	Polk City, IA	F4549	7:57.33	-
3167	543	Vaibhav Kadakia	Des Moines, IA	M2024	7:57.36	-
1814	544	Christine Crow	Des Moines, IA	F3539	7:57.49	-
2901	545	Janelle Holmes	Des Moines, IA	F5054	7:57.51	-
3233	546	Bryan Moon	50266, IA	M5054	7:58.09	-
2338	547	Tom Mitchell	Ankeny, IA	M5054	7:58.82	-
2813	548	Jennifer Williams	West Des Moines, IA	F2529	7:58.99	-
2259	549	Mallory Lovejoy	Dsm, IA	F0113	7:59.00	-
2243	550	Wes Little	Grimes, IA	M3539	7:59.64	-
2242	551	Haydn Little	Grimes, IA	F0113	7:59.75	-
2492	552	Matt Radermacher	Des Moines, IA	M3034	7:59.81	-
2673	553	Sunni Swarbrick	Des Moines, IA	F3034	7:59.83	-
880	554	David Brown	Des Moines, IA	M4549	8:00.35	-
2024	555	Hadley Hardersen	Urbandale, IA	F0113	8:00.56	-
1375	556	Jordan Rhodes	Des Moines, IA	F2024	8:00.64	-
2517	557	Traci Rimbey	Des Moines, IA	F2529	8:01.06	-
1890	558	Stacy Farr	Clive, IA	F4549	8:01.20	-
2472	559	Matt Pierick	West Des Moines, IA	M2024	8:01.77	-
3074	560	Justine Choe	Morton Grove, IL	F2024	8:01.79	-
3136	561	Holly Hanson	Des Moines, IA	F4549	8:01.94	-
702	562	Stacy Virelli	Des Moines, IA	F2529	8:02.57	-
708	563	Kristin Kline	West Des Moines, IA	F3034	8:03.25	-
1482	564	Andrew Tucker	Pleasant Hill, IA	M0113	8:04.84	-
2764	565	Kyle Weber	Ankeny, IA	M0113	8:05.42	-
782	566	Stephanie Duehlmeyer	Des Moines, IA	F2024	8:05.55	-
515	567	Brinley White	Martensdale, IA	F1419	8:05.61	-
1817	568	Jon Curry	Des Moines, IA	M3034	8:05.93	-

2767	569	Stacia Weber	Ankeny, IA	F3539	8:06.17	-
773	570	Carol Stratemeyer	Des Moines, IA	F60UP	8:07.07	-
1106	571	Robert Hoover	Centerville, IA	M5054	8:07.25	-
2066	572	Nick Hinkle	Ames, IA	M2024	8:08.10	-
1104	573	George Holmes	Des Moines, IA	M5054	8:08.17	-
2595	574	Blaire Shireman	Des Moines, IA	F2024	8:08.33	-
2902	575	Brookelyn Hartman	Urbandale, IA	F0113	8:08.45	-
3205	576	Margaret Lundholm	Hoffman Estates, IL	F2024	8:08.99	-
2807	577	Lisa Wieland	Des Moines, IA	F2529	8:09.11	-
487	578	James Van Wyk	West Des Moines, IA	M3034	8:09.38	-
2597	579	Darren Sickerson	Urbandale, IA	M4044	8:09.61	-
2686	580	Pamela Teh	Des Moines, IA	F2024	8:09.66	-
3298	581	Mike Sievers	Polk City, IA	M2024	8:09.66	-
2598	582	Morgan Sickerson	Urbandale, IA	F1419	8:09.73	-
109	583	Steve Argersinger	Pleasant Hill, IA	M4549	8:10.07	-
3484	584	Jessica Durand	Des Moines, IA	F3034	8:10.33	-
2911	585	Luke Champion	Van Meter, IA	M0113	8:10.53	-
2304	586	Brad McGuire	Ames, IA	M4044	8:10.79	-
1572	587	Shawn Deboef	Grimes, IA	M3034	8:10.79	-
1138	588	Megan Jorgensen	Waukee, IA	F3539	8:10.96	-
1137	589	Alex Jorgensen	Waukee, IA	M0113	8:11.58	-
2525	590	Jake Robidoux	Ankeny, IA	M0113	8:11.95	-
1557	591	Tessa Cantonwine	Urbandale, IA	F3034	8:12.10	-
804	592	Bruce Archer	Waukee, IA	M5054	8:12.74	-
53	593	Susan Thayer	Lincoln, NE	F4044	8:12.82	-
3160	594	Corey Jansen	Ankeny, IA	M3034	8:12.83	-
710	595	Colin Maduzia	Santa Monica, CA	M5054	8:13.09	-
3162	596	Harrison Jansen	Ankeny, IA	M0113	8:13.15	-
1843	597	Ashton Dilla	West Des Moines, IA	F0113	8:13.86	-
3188	598	Regan Kuennen	West Des Moines, IA	F0113	8:13.95	-
2869	599	Alyssa Schwartz	Des Moines, IA	F2529	8:14.21	-
1354	600	Katie Radermacher	Des Moines, IA	F3034	8:14.66	-
2878	601	Rebecca Nash	Waukee, IA	F2529	8:15.05	-
712	602	Benjamin McKenna	Ankeny, IA	M3034	8:15.54	-
3140	603	Al Hildestad	Des Moines, IA	M60UP	8:16.21	-
2837	604	Payton Wyer	Ankeny, IA	F0113	8:16.64	-
2464	605	Jensen Petrak	Grimes, IA	M0113	8:16.65	-
2982	606	Coreen Sweeney	Des Moines, IA	F5054	8:16.72	-
810	607	Jan Atchison	Rhodes, IA	F5559	8:16.72	-
2895	608	Graham Haack	Urbandale, IA	M0113	8:17.14	-
2107	609	Lydia Ives	Pleasant Hill, IA	F0113	8:17.54	-
2470	610	Kathryn Pierick	Des Moines, IA	F1419	8:18.39	-
428	611	Anita Sah	Waukee, IA	F3539	8:19.14	-
1329	612	Sarah Petrak	Grimes, IA	F4044	8:19.37	-
3330	613	Chuck Ward	Urbandale, IA	M60UP	8:20.43	-
3409	614	Carson McConkey	Norwalk, IA	M0113	8:20.83	-

3199	615	Rina Lipa	Johnston, IA	F1419	8:21.08	-
512	616	Stephanie Wells	West Des Moines, IA	F3539	8:21.32	-
3408	617	Jeff McConkey	Norwalk, IA	M4044	8:21.37	-
2894	618	Brett Gifford	Pleasant Hill, IA	M0113	8:21.51	-
2000	619	Heather Groundwater	Ankeny, IA	F3034	8:22.82	-
1187	620	Amanda Lansing	Altoona, IA	F3034	8:22.85	-
2078	621	Jered Holker	West Des Moines, IA	M3034	8:23.28	-
2709	622	Alyssa Tucker	Pleasant Hill, IA	F0113	8:23.32	-
2037	623	Aaron Hartje	Des Moines, IA	M4549	8:23.65	-
1306	624	Cynthia Norman	Des Moines, IA	F5559	8:23.94	-
1900	625	Janet Fink	Des Moines, IA	F4549	8:23.94	-
2600	626	Erin Simpson	Des Moines, IA	F2024	8:24.29	-
2268	627	James Macksey	Newton, IA	M5559	8:24.55	-
49	628	Bryer Fitz	Urbandale, IA	M0113	8:24.56	-
2465	629	Kaylin Petrak	Grimes, IA	F0113	8:24.68	-
47	630	Casey Fitz	Urbandale, IA	F3539	8:24.71	-
1692	631	Ellie Bovee	Ankeny, IA	F0113	8:25.46	-
269	632	Abe Holt	Waukee, IA	M0113	8:25.53	-
2348	633	Brock Moore	Urbandale, IA	M0113	8:25.83	-
2896	634	Wyatt Haack	Urbandale, IA	M0113	8:26.24	-
2227	635	Nicole Lee	West Des Moines, IA	F3034	8:26.42	-
977	636	Rebecca Domeyer	West Des Moines, IA	F2529	8:26.64	-
2856	637	Jennifer Kozlowski	Des Moines, IA	F4549	8:26.72	-
2191	638	Kyle Kloppe	Cumming, IA	M1419	8:26.73	-
3310	639	Lance Stierman	Urbandale, IA	M3539	8:26.79	-
3308	640	Brennan Stierman	Urbandale, IA	M0113	8:26.97	-
2427	641	Janice Ott	Marshalltown, IA	F60UP	8:29.19	-
2884	642	Shara Connelly	Johnston, IA	F0113	8:29.46	-
271	643	Camille Holt	Waukee, IA	F0113	8:29.51	-
455	644	Cora Skoog	Waukee, IA	F0113	8:29.78	-
2956	645	Alissa Deutsch	West Des Moines, IA	F2024	8:29.81	-
2998	646	Reagan Prendergast	Des Moines, IA	F0113	8:29.88	-
2789	647	Kevin Wey	Johnston, IA	M3539	8:30.11	-
1721	648	Jacob Brown	Des Moines, IA	M1419	8:30.29	-
2540	649	Jackie Safley	Des Moines, IA	F4549	8:30.31	-
270	650	Anne Holt	Waukee, IA	F0113	8:30.72	-
3462	651	Cael Ramsey	Grimes, IA	M0113	8:30.77	-
1860	652	Nick Dubreuil	Des Moines, IA	M3539	8:30.79	-
1490	653	Eric Vander Wall	Des Moines, IA	M3539	8:31.43	-
3059	654	Hunter Bishop	Ankeny, IA	M0113	8:31.50	-
1631	655	April Barnhill	Johnston, IA	F3034	8:32.08	-
3405	656	Kellie Hockmuth	Des Moines, IA	F4549	8:32.19	-
2887	657	Mike Connelly	Johnston, IA	F5054	8:32.49	-
3261	658	Tom Paulson	Des Moines, IA	M3034	8:33.22	-
2166	659	Roman Keahna-Harris	Ankeny, IA	M0113	8:33.98	-
644	660	Katie Shields	Des Moines, IA	F2529	8:34.35	-

686	661	Jeff Niemann	Des Moines, IA	M5559	8:34.40	-
2454	662	Jessica Pelock	New, IA	F2024	8:34.75	-
2176	663	Jake Ketzner	Clive, IA	M3034	8:35.11	-
3463	664	Ann Hegstrom	De Soto, IA	F60UP	8:35.37	-
2748	665	Jim Wanninger	Johnston, IA	M5054	8:35.79	-
950	666	Holly Davis	Prairie City, IA	F3539	8:37.02	-
1390	667	Phoumy Roerig	Des Moines, IA	F3034	8:37.24	-
3293	668	Dominic Sears	Urbandale, IA	M0113	8:37.43	-
57	669	Crystal Bechler	Spencer, IA	F3034	8:37.48	-
495	670	Adrienne Voelker	Des Moines, IA	F3034	8:38.05	-
2288	671	Sean McBroom	West Des Moines, IA	M0113	8:38.29	-
2707	672	Karrie Truitt	Des Moines, IA	F3539	8:38.67	-
2058	673	Shonda Hershberger	Ankeny, IA	F4044	8:39.16	-
2578	674	Sydney Schulz	Norwalk, IA	F0113	8:39.33	-
706	675	Kayla Hunefeld	West Des Moines, IA	F2529	8:39.51	-
2577	676	Deanna Schulz	Norwalk, IA	F4044	8:39.64	-
379	677	Elissa Olson	Des Moines, IA	F2529	8:39.65	-
1853	678	Leslie Downing	West Des Moines, IA	F2024	8:39.87	-
1836	679	T.J. Descamps	West Des Moines, IA	M2529	8:40.46	-
2303	680	Abbey McGuire	Ames, IA	F0113	8:40.58	-
691	681	Trisha Joseph	West Des Moines, IA	F3539	8:41.33	-
3190	682	Brian Kuhlmann	Mokena, IL	M5559	8:41.34	-
2740	683	Carl Voss	Des Moines, IA	M60UP	8:41.50	-
2931	684	Mia Voss	Des Moines, IA	F0113	8:41.59	-
410	685	Aaron Rawlins	Des Moines, IA	M2529	8:41.66	-
1670	686	Bradie Bhave	Ames, IA	F0113	8:41.78	-
2930	687	Zachary Voss	Des Moines, IA	M3539	8:41.86	-
1102	688	Olesya Holker	West Des Moines, IA	F3034	8:42.25	-
2787	689	Adam Wey	Johnston, IA	M0113	8:42.75	-
1823	690	Robert Daniels	Carlisle, IA	M0113	8:42.75	-
1392	691	Joshua Ross	Des Moines, IA	M3034	8:43.57	-
2371	692	Courtney Murphy	Des Moines, IA	F4044	8:44.96	-
2337	693	Mike Mitchell	Ankeny, IA	M5054	8:45.30	-
3270	694	Dan Powers	Polk City, IA	M3539	8:45.32	-
535	695	Kate Beenken	Des Moines, IA	F2529	8:45.34	-
3271	696	Hannah Powers	Polk City, IA	F0113	8:45.41	-
2782	697	Allison Werth	Des Moines, IA	F2024	8:45.88	-
3266	698	Matt Phillips	West Des Moines, IA	M5054	8:46.75	-
2985	699	Harrison Wurth	Urbandale, IA	M0113	8:47.11	-
2997	700	Riley Prendergast	Des Moines, IA	F0113	8:47.27	-
1543	701	Cindy Winkel	Ankeny, IA	F4549	8:47.55	-
2548	702	Zi Jian Saw	Urbandale, IA	M2024	8:47.88	-
2582	703	Jennifer Schwartz	Urbandale, IA	F3539	8:48.09	-
1553	704	Amy Zsenai	West Des Moines, IA	F3034	8:48.35	-
1208	705	Michael Loewen	Des Moines, IA	M3034	8:48.77	-
2471	706	Maddy Pierick	Des Moines, IA	F0113	8:48.84	-

688	707	Tara Bogner	West Des Moines, IA	F3539	8:49.07	-
2258	708	Jerry Lovejoy	Dsm, IA	M4549	8:49.08	-
2305	709	Zachary McGuire	Ames, IA	M0113	8:49.56	-
1176	710	Peggy Kriegel	Des Moines, IA	F5054	8:50.00	-
2416	711	Jordan Olson	West Des Moines, IA	M2529	8:50.44	-
3096	712	Julee Dole	Waukee, IA	F3034	8:51.17	-
1338	713	Jeff Pierick	Des Moines, IA	M5054	8:52.84	-
2431	714	Bradon Packebush	Ankeny, IA	M0113	8:53.09	-
3290	715	Jodi Schrage	Urbandale, IA	F5054	8:53.33	-
110	716	Lindsay Armstrong	Indianola, IA	F3034	8:54.13	-
3186	717	Christa Kuennen	West Des Moines, IA	F4549	8:54.51	-
1576	718	Sarah Schneider	West Des Moines, IA	F2529	8:54.82	-
789	719	Malcolm Wells	Des Moines, IA	M4549	8:54.90	-
2432	720	Melinda Packebush	Ankeny, IA	F4044	8:55.17	-
2825	721	Jessie Woodyard	Altoona, IA	F1419	8:55.28	-
1314	722	Kassey Ostendorf	Desoto, IA	F1419	8:55.39	-
519	723	Jeff Wieland	Johnston, IA	M4549	8:55.51	-
3421	724	Drew Every	Grimes, IA	M0113	8:55.77	-
3445	725	Leah Lentsch	West Des Moines, IA	F1419	8:56.05	-
3446	726	Kelly Lentsch	West Des Moines, IA	F4549	8:56.65	-
3230	727	Annabelle Miller	Ankeny, IA	F0113	8:56.88	-
1938	728	Lexi Gabrielson	Urbandale, IA	F0113	8:57.07	-
1939	729	Mikayla Gabrielson	Urbandale, IA	F0113	8:57.21	-
2934	730	Maddie Martin	Johnston, IA	F0113	8:57.87	-
1169	731	Mary Ann Koehler	Des Moines, IA	F5559	8:58.48	-
1905	732	Anders Fleming	Clive, IA	M0113	8:58.63	-
3391	733	Margaux Laporte	Des Moines, IA	F0113	8:58.89	-
2652	734	Emma Stevenson	Ankeny, IA	F2529	8:59.08	-
1908	735	Lily Fleming	Clive, IA	F0113	8:59.32	-
2008	736	Rajesh Gupta	Waukee, IA	M4549	8:59.37	-
3088	737	David Dahlquist	Des Moines, IA	M5559	8:59.48	-
2734	738	Marla Veenstra	Pleasant Hill, IA	F4549	8:59.81	-
1374	739	Jake Rhodes	Des Moines, IA	M1419	8:59.86	-
1467	740	Braylon Theulen	Johnston, IA	M0113	8:59.95	-
1468	741	Trevor Theulen	Johnston, IA	M3539	9:00.18	-
551	742	Tony Glass	Altoona, IA	M4549	9:00.32	-
3338	743	Michael Wood	Perry, IA	M4044	9:00.52	-
2664	744	Mary Stuart	Des Moines, IA	F4549	9:00.59	-
2179	745	Tom Killeen	Clive, IA	M5559	9:00.88	-
2663	746	Elizabeth Stuart	Des Moines, IA	F2024	9:01.19	-
1933	747	Brenna Fujimoto	Des Moines, IA	F2529	9:01.23	-
2571	748	Brittany Schuling	Des Moines, IA	F2024	9:02.18	-
2030	749	Dilya Harpster	Clive, IA	F3539	9:02.56	-
2572	750	Chris Schuling	Bondurant, IA	M5559	9:02.82	-
1613	751	Drake Ashmore	Des Moines, IA	M0113	9:03.59	-
1612	752	Dane Ashmore	Des Moines, IA	M0113	9:03.75	-

1439	753	Heather Snyder	Des Moines, IA	F2529	9:03.85	-
1637	754	Jodi Barron	Des Moines, IA	F5054	9:04.18	-
627	755	Sue Mattison	Green Bay, WI	F5559	9:04.83	-
1308	756	Matt Norton	West Des Moines, IA	M2529	9:04.96	-
229	757	McKinze Goecke	Marshalltown, IA	F2024	9:05.27	-
734	758	Lindsay Seidl	West Des Moines, IA	F3034	9:05.39	-
2906	759	Thiago Catalan	Des Moines, IA	M0113	9:06.14	-
2534	760	Aaron Rusch	Dallas Center, IA	M4549	9:06.50	-
1951	761	Michael Gano	Grimes, IA	M3034	9:06.65	-
715	762	Stacey Deluca	Des Moines, IA	F3539	9:07.31	-
785	763	Cassie Norman	Des Moines, IA	F3034	9:07.75	-
3337	764	Heather Wince	Des Moines, IA	F5054	9:08.07	-
2688	765	Andrea Teirman	Des Moines, IA	F3034	9:08.59	-
2137	766	Amber Jointer	Des Moines, IA	F2529	9:08.68	-
2862	767	Kim Weber	West Des Moines, IA	F5559	9:08.81	-
2660	768	Danielle Strelecki	Des Moines, IA	F2024	9:08.92	-
2661	769	Jaclyn Strelecki	Kenosha, WI	F1419	9:08.93	-
2772	770	Sam Wegner	West Des Moines, IA	M2024	9:09.39	-
505	771	Paul Warmuth	Waukee, IA	M5054	9:09.61	-
462	772	Amanda Stensland	Ankeny, IA	F2529	9:09.79	-
1859	773	Chelsea Dubczak	Urbandale, IA	F2024	9:09.94	-
907	774	Brett Chickering	Des Moines, IA	M4549	9:10.07	-
3464	775	Lillian Jolly	Des Moines, IA	F0113	9:10.07	-
1260	776	Rob Merschbrock	Urbandale, IA	M4044	9:10.20	-
2905	777	Alex Catalan	Des Moines, IA	M3034	9:10.40	-
3378	778	Andrew Loder	Ankeny, IA	M0113	9:10.54	-
3399	779	Eden Thompson	West Des Moines, IA	F0113	9:10.56	-
2113	780	Zachary Jackson	Johnston, IA	M0113	9:11.02	-
3067	781	Jessica Campbell	West Des Moines, IA	F2024	9:11.05	-
3057	782	Delaney Beier	Hartford, IA	F2024	9:11.08	-
2193	783	Dana Knowler	Altoona, IA	M5054	9:11.67	-
210	784	Leah Feauto	West Des Moines, IA	F2529	9:11.80	-
2795	785	Sarah Wheeler	Pleasant Hill, IA	F3034	9:12.73	-
2448	786	Brandon Paulsen	Des Moines, IA	M3034	9:12.80	-
2229	787	Mike Lee Countreee	Des Moines, IA	M2024	9:13.21	-
1570	788	Bikram Shrestha	Waukee, IA	M3539	9:13.23	-
2419	789	Robert Orsini	West Des Moines, IA	M0113	9:13.29	-
2122	790	Mindee Jensen	Ankeny, IA	F4549	9:13.48	-
2230	791	Mya Lei-Butters	Ankeny, IA	F0113	9:13.54	-
2120	792	Alexa Jensen	Ankeny, IA	F0113	9:13.70	-
616	793	Diana Lei-Butters	Ankeny, IA	F3539	9:13.71	-
1904	794	Braelyn Fleischman	West Des Moines, IA	F0113	9:13.75	-
3094	795	Stephen Dickinson	Urbandale, IA	M5054	9:13.91	-
754	796	April Fleischman	West Des Moines, IA	F3539	9:14.16	-
2123	797	Zhong Jin	West Des Moines, IA	M3539	9:14.31	-
1906	798	Brady Fleming	Clive, IA	M3539	9:14.40	-

963	799	Jennifer Deneault	Ankeny, IA	F2529	9:14.41	-
584	800	Shannon Fleming	Clive, IA	F3539	9:14.45	-
1907	801	Eva Fleming	Clive, IA	F0113	9:14.45	-
777	802	Kelsey Taylor	Des Moines, IA	F2024	9:14.91	-
2974	803	Clark Fiala	Van Meter, IA	M0113	9:15.40	-
776	804	Madison Schuster	Des Moines, IA	F2024	9:15.49	-
2975	805	Sylvie Fiala	Van Meter, IA	F0113	9:15.49	-
2649	806	Laura Stensland	Nevada, IA	F3034	9:16.00	-
1425	807	Deb Shull	Adel, IA	F5559	9:16.00	-
3196	808	David Lawrence	Pleasant Hill, IA	M3539	9:16.33	-
3444	809	May Fitzgerald	Des Moines, IA	F0113	9:16.59	-
1263	810	Deb Metz	Pleasant Hill, IA	F5054	9:17.13	-
365	811	Thao Nguyen	Des Moines, IA	F2529	9:18.14	-
2194	812	Jill Knowler	Altoona, IA	F5054	9:18.27	-
2256	813	Haley Lorenzen	Clive, IA	F1419	9:18.40	-
2041	814	Matthew Hayden	Urbandale, IA	M4549	9:18.79	-
1891	815	Karin Fauteck	Urbandale, IA	F4549	9:18.84	-
2257	816	Luke Lorenzen	Clive, IA	M0113	9:18.85	-
2076	817	Jade Hogarty	West Des Moines, IA	F0113	9:18.90	-
3060	818	Josie Bishop	Ankeny, IA	F0113	9:19.49	-
752	819	Matt Dahms	Des Moines, IA	M3034	9:19.88	-
2418	820	Leeanne Opie	West Des Moines, IA	F5559	9:20.09	-
751	821	Laura Dahms	Des Moines, IA	F3034	9:20.34	-
2032	822	Cooper Harrington	Clive, IA	M0113	9:20.64	-
2289	823	Laura McCall	West Des Moines, IA	F5559	9:21.03	-
46	824	Steve Cook	Des Moines, IA	M4549	9:21.11	-
2691	825	Charlie Thill	Johnston, IA	M0113	9:21.59	-
374	826	Lindsay Norland	Ankeny, IA	F3034	9:21.68	-
1451	827	Ricky Stokka	Des Moines, IA	M0113	9:22.17	-
1697	828	Kimberly Bradley	Urbandale, IA	F4549	9:22.77	-
2981	829	Sean Sweeney	Des Moines, IA	M4549	9:23.05	-
1000	830	Dina Embree	Clive, IA	F4549	9:23.22	-
3475	831	Nicole Embree	Clive, IA	F1419	9:23.38	-
1940	832	Natalie Gadbois	Des Moines, IA	F2024	9:23.84	-
2347	833	Allison Moore	Urbandale, IA	F3034	9:25.20	-
3461	834	Brady Oates	Des Moines, IA	M2024	9:26.26	-
757	835	Emily Larson	Des Moines, IA	F2024	9:26.64	-
640	836	Tim Schmitt	Des Moines, IA	M4549	9:26.97	-
634	837	Brady Randall	Des Moines, IA	M2529	9:27.09	-
610	838	Claire Kjos	Ankeny, IA	F0113	9:27.23	-
1691	839	Logan Bosworth	Clive, IA	M0113	9:27.46	-
1688	840	Jeff Bosworth	Clive, IA	M4044	9:27.78	-
1730	841	Ana Bumgardner	Urbandale, IA	F4044	9:28.11	-
2103	842	Graham Isaacson	Des Moines, IA	M2024	9:28.19	-
2311	843	Jessica McMillan	Des Moines, IA	F2024	9:28.20	-
1731	844	Sophie Bumgardner	Urbandale, IA	F0113	9:28.34	-

3291	845	Phil Schriver	Des Moines, IA	M3539	9:28.86	-
1573	846	Lisa Dolan	Des Moines, IA	F2529	9:29.01	-
975	847	Adam Dolan	Des Moines, IA	M2529	9:29.13	-
342	848	Jessica McGinnis	Johnston, IA	F3539	9:29.65	-
2391	849	Tammy Newton	Carlisle, IA	F5054	9:30.41	-
2480	850	Antony Ponnusamy	West Des Moines, IA	M3539	9:30.73	-
2376	851	Carson Myers	Ankeny, IA	M0113	9:30.98	-
144	852	Nicole Cabreriza	Des Moines, IA	F3034	9:31.24	-
2910	853	Molly Champion	Van Meter, IA	F0113	9:31.63	-
2174	854	Jaida Kenworthy	Des Moines, IA	F0113	9:32.46	-
2726	855	Grant Van Thomme	Ankeny, IA	M0113	9:34.58	-
1286	856	Naleesa Narayan	West Des Moines, IA	F1419	9:34.60	-
1776	857	Carla Clark	Norwalk, IA	F4044	9:34.64	-
3000	858	Emily Merfeld	Des Moines, IA	F0113	9:34.97	-
737	859	Kurt Van Thomme	Ankeny, IA	M4044	9:34.98	-
2339	860	Yvette Mitchell	West Des Moines, IA	F2024	9:35.23	-
2927	861	Riley Wells		M0113	9:35.44	-
856	862	Kathy Bixler	West Des Moines, IA	F5559	9:35.60	-
1085	863	Robbie Helzer	West Des Moines, IA	M3034	9:36.04	-
2367	864	Alyssa Mueller	West Des Moines, IA	F2529	9:36.80	-
2088	865	Quincy Hostager	Des Moines, IA	M1419	9:37.06	-
3087	866	Cheryl Dahlquist	Des Moines, IA	F5559	9:37.48	-
1999	867	Tatum Grotewold	Waukee, IA	M0113	9:38.00	-
3400	868	Ashley Van Alstine Vetter	Carlisle, IA	F3034	9:38.06	-
3401	869	Jarek Vetter	Carlisle, IA	M3034	9:38.16	-
2912	870	Jamie Champion	Van Meter, IA	F4549	9:38.51	-
1998	871	Scott Grotewold	Waukee, IA	M3034	9:38.73	-
2210	872	Julie Lafollette	Johnston, IA	F4549	9:38.90	-
2045	873	Sandy Heidemann	Johnston, IA	M4549	9:38.93	-
3163	874	Miles Jansen	Ankeny, IA	M0113	9:39.23	-
2197	875	Shane Kozlowski	Des Moines, IA	M2024	9:39.43	-
3161	876	Erin Jansen	Ankeny, IA	F3539	9:39.53	-
1652	877	Clark Bennett	Bondurant, IA	M0113	9:39.59	-
3335	878	Breta Westlund	Urbandale, IA	F60UP	9:39.87	-
2929	879	Hunter Bloom	Grimes, IA	F0113	9:40.26	-
1654	880	Sally Bennett	Bondurant, IA	F3539	9:40.34	-
2537	881	Kylie Rusch	Dallas Center, IA	F0113	9:40.90	-
3299	882	Arlys Sikkink	Des Moines, IA	F60UP	9:41.45	-
3047	883	James Anfinson	Des Moines, IA	M5559	9:41.57	-
2148	884	Allen Joy	Des Moines, IA	M3539	9:41.60	-
1765	885	Carter Chapman	Des Moines, IA	M2024	9:42.16	-
256	886	Mike Hansen	Norwalk, IA	M5054	9:42.56	-
2741	887	Ava Waalk	Des Moines, IA	F0113	9:42.58	-
638	888	Hannah Sauer	Des Moines, IA	F2024	9:43.03	-
1632	889	Lucy Barnhill	Johnston, IA	F0113	9:43.58	-
121	890	Jon Barnhill	Johnston, IA	M3034	9:43.73	-

268	891	Melissa Holle	Norwalk, IA	F2529	9:44.04	-
2742	892	Melissa Waalk	Des Moines, IA	F3539	9:44.91	-
987	893	Erika Earles	Colfax, IA	F3539	9:45.02	-
2072	894	Andre Hoff	West Des Moines, IA	M0113	9:45.31	-
1857	895	Alec Drown	Urbandale, IA	M0113	9:46.49	-
198	896	Lisa Drown	Urbandale, IA	F4549	9:46.66	-
684	897	Brian Ashmore	Des Moines, IA	M4549	9:46.88	-
2992	898	Brooke Carter	Des Moines, IA	F1419	9:47.03	-
3295	899	Bethany Short	Des Moines, IA	F1419	9:47.72	-
2263	900	Makenzie Lumadue	Clive, IA	F0113	9:47.84	-
2262	901	Diana Lumadue	Clive, IA	F3539	9:48.06	-
506	902	Stacy Watts	West Des Moines, IA	F3539	9:48.13	-
523	903	Mike Wilson	Indianola, IA	M3539	9:48.20	-
3474	904	Tanner Brown	Des Moines, IA	M0113	9:48.23	-
3364	905	Reecha Reising	Des Moines, IA	F2529	9:48.84	-
2105	906	Isaiah Ives	Pleasant Hill, IA	M0113	9:48.95	-
3071	907	Aidan Champion	Des Moines, IA	M0113	9:49.13	-
3363	908	Saili Reising	Des Moines, IA	F0113	9:49.32	-
1724	909	Susan Brown	Des Moines, IA	F4549	9:49.54	-
2737	910	Sharon Vickery	Des Moines, IA	F5054	9:49.70	-
2921	911	Micale Johnson	Des Moines, IA	F0113	9:49.76	-
2922	912	Carter Roland	Des Moines, IA	M0113	9:49.83	-
3358	913	Bella Grummert	Johnston, IA	F0113	9:50.46	-
3414	914	Dallas Sanders	Des Moines, IA	M4044	9:50.65	-
3357	915	Lance Grummert	Johnston, IA	M4044	9:50.82	-
3277	916	Dustin Roland	Des Moines, IA	M3539	9:51.11	-
3355	917	Andrew Pontius	Urbandale, IA	M0113	9:51.19	-
2690	918	Stephanie Tesch	Des Moines, IA	F2024	9:51.36	-
2801	919	Raya White	Madrid, IA	F0113	9:51.37	-
2281	920	Chandler Maxon	Des Moines, IA	F2529	9:51.51	-
3415	921	Gus Sanders	Des Moines, IA	M0113	9:51.75	-
516	922	Jon White	Martensdale, IA	M4044	9:52.01	-
743	923	Sondra Ashmore	Des Moines, IA	F3539	9:52.11	-
417	924	Andrew Roby	Bondurant, IA	M3034	9:52.38	-
223	925	Jessie Gaumer	Des Moines, IA	F3034	9:52.61	-
1636	926	Ross Barr	Des Moines, IA	M0113	9:52.68	-
2407	927	Denise Novak	Des Moines, IA	F4549	9:53.44	-
163	928	Nathan Cole	Ankeny, IA	M4044	9:54.27	-
1790	929	Emily Cole	Ankeny, IA	F0113	9:54.46	-
1120	930	Doug Jackson	Pleasant Hill, IA	M5559	9:54.56	-
3124	931	Steve Gonzalez	Dm, IA	M5559	9:54.73	-
2851	932	Jacob Schwarzenbach	Johnston, IA	M1419	9:54.83	-
2850	933	Rhett Routh	Johnston, IA	M4549	9:54.95	-
1531	934	Nichole White	Madrid, IA	F4044	9:56.08	-
192	935	Victoria Diaz	West Des Moines, IA	F2529	9:56.21	-
1871	936	Megan Ellis	St. Charles, IA	F2024	9:56.52	-

2852	937	Leo Petillo	Urbandale, IA	M0113	9:56.66	-
1099	938	Katie Hoff	West Des Moines, IA	F3034	9:57.02	-
191	939	Oseas Diaz	West Des Moines, IA	M2529	9:57.14	-
2586	940	Jadyn Seidl	West Des Moines, IA	F0113	9:57.78	-
2073	941	Jordan Hoff	West Des Moines, IA	M0113	9:58.18	-
566	942	Jeremy Deluca	Des Moines, IA	M3539	9:58.18	-
2087	943	Dan Hostager	Des Moines, IA	M4549	9:58.22	-
2481	944	Gail Pope	Indianola, IA	F5054	9:58.27	-
3441	945	Kevin Tu	Johnston, IA	M4549	9:58.47	-
3442	946	Christopher Tu	Johnston, IA	M0113	9:58.65	-
1818	947	Cindy Curtis	Ankeny, IA	F5054	9:58.68	-
2725	948	Adam Van Thomme	Ankeny, IA	M0113	9:59.48	-
1986	949	Ian Goreth	Johnston, IA	M4044	9:59.69	-
1635	950	Jeff Barr	Des Moines, IA	M4044	9:59.97	-
1634	951	Billie Barr	Des Moines, IA	F4044	10:00.42	-
3373	952	Mike Steenhoek	Urbandale, IA	M4044	10:00.53	-
1763	953	Jiayi Cen	Des Moines, IA	F2024	10:00.78	-
3376	954	Alex Steenhoek	Urbandale, IA	M0113	10:00.99	-
1781	955	Emma Clemon	Des Moines, IA	F2024	10:01.29	-
3387	956	Judy Sofen	Urbandale, IA	F3034	10:01.95	-
3268	957	Aj Powers	Polk City, IA	M0113	10:02.20	-
2853	958	Cynthia Voorhees	Urbandale, IA	F4549	10:02.28	-
158	959	Amber Caudle	Adel, IA	F3034	10:02.35	-
2169	960	Norah Kell	Urbandale, IA	F0113	10:02.44	-
3269	961	Amy Powers	Polk City, IA	F3539	10:02.71	-
581	962	Kristin Dunn	Des Moines, IA	F4549	10:02.96	-
3286	963	Allie Schmit	Des Moines, IA	F0113	10:03.87	-
3157	964	Avery Ickowitz	Des Moines, IA	F0113	10:04.49	-
548	965	Lydia Meunsaveng	Indianola, IA	F0113	10:05.36	-
1007	966	Shawn Essy	Desoto, IA	F5054	10:05.45	-
2326	967	Daobandon Meunsaveng	Indianola, IA	M4044	10:05.67	-
2541	968	Mike Sage	Johnston, IA	M4549	10:06.36	-
3126	969	Sydnie Greer	Des Moines, IA	F0113	10:06.61	-
2461	970	Crystal Perez	Urbandale, IA	F2529	10:06.78	-
3081	971	Olivia Cook	Des Moines, IA	F0113	10:06.96	-
534	972	Susan Ball	Johnston, IA	F2529	10:07.84	-
2777	973	Sylvia Welchans	Des Moines, IA	F4044	10:07.94	-
707	974	Sulabh Kapoor	Des Moines, IA	M3034	10:08.37	-
2824	975	Christie Woodyard	Altoona, IA	F4044	10:08.58	-
2588	976	Kate Selden-Egge	Des Moines, IA	F3539	10:08.96	-
1866	977	Harper Egge	Des Moines, IA	F0113	10:09.18	-
651	978	Yu Sun	Des Moines, IA	F3539	10:09.20	-
2350	979	Maci Moore	Urbandale, IA	F0113	10:09.58	-
1199	980	Steve Lewellen	Des Moines, IA	M5054	10:09.71	-
124	981	Jason Benell	Des Moines, IA	M3034	10:10.33	-
929	982	Travis Cottrell	Urbandale, IA	M3539	10:10.75	-

1185	983	Lisa Lane	Des Moines, IA	F5054	10:10.92	-
1052	984	Brooke Gillum	Ankeny, IA	F3539	10:11.47	-
1805	985	Paige Cottrell	Urbandale, IA	F0113	10:12.41	-
2287	986	Dylan McBroom	West Des Moines, IA	M0113	10:13.34	-
650	987	Austin Strawhacker	Des Moines, IA	M2529	10:14.15	-
561	988	Douglas Smith	Des Moines, IA	M60UP	10:14.22	-
2447	989	Emersen Paukert	Duncombe, IA	F0113	10:14.37	-
289	990	Nick Johnston	Ankeny, IA	M3034	10:14.39	-
537	991	Doug Conant	Carlisle, IA	M4549	10:14.86	-
2446	992	Brenna Paukert	Des Moines, IA	F2024	10:14.88	-
1640	993	Angela Barth	Des Moines, IA	F0113	10:15.14	-
3255	994	Jodi Osthus	Des Moines, IA	F4549	10:15.78	-
2215	995	Lynn Lange	Ankeny, IA	F60UP	10:15.92	-
1161	996	Kathleen Kirbach	Ankeny, IA	F5559	10:16.33	-
2711	997	Jill Tyler	Des Moines, IA	F4549	10:16.38	-
533	998	Kim Balk	Norwalk, IA	F5054	10:16.41	-
1870	999	Kelley Ellis	St. Charles, IA	F4549	10:17.31	-
543	1000	Rachelle Spencer	Des Moines, IA	F4044	10:17.76	-
1694	1001	Evan Bowers	Des Moines, IA	M0113	10:18.09	-
2387	1002	Lauren Nelson	Des Moines, IA	F2529	10:18.12	-
1109	1003	Dan Houston Jr	West Des Moines, IA	M3034	10:18.22	-
3248	1004	Blayke Norton	Des Moines, IA	F0113	10:19.15	-
2873	1005	Mariah Kauder	Des Moines, IA	F2024	10:19.25	-
3249	1006	James Norton	Des Moines, IA	M3539	10:19.74	-
3397	1007	Jaxson Gibbons	West Des Moines, IA	M0113	10:19.78	-
3438	1008	Meredith Hollman	Des Moines, IA	F2024	10:19.79	-
2034	1009	Jeremy Harrington	Clive, IA	M3539	10:19.98	-
2007	1010	Sarah Gunsaulus	Norwalk, IA	F3034	10:20.34	-
2005	1011	Brant Gunsaulus	Norwalk, IA	M0113	10:20.40	-
2891	1012	Megan Swanson	Des Moines, IA	F2024	10:20.65	-
1779	1013	Lindsey Clark	Bondurant, IA	F3034	10:21.02	-
1778	1014	Jon Clark	Bondurant, IA	M3539	10:21.22	-
2515	1015	Owen Ricklefs	Urbandale, IA	M0113	10:21.36	-
3491	1016	Dina Khayrushina	Des Moines, IA	F3034	10:21.79	-
3390	1017	Nora Laporte	Des Moines, IA	F0113	10:24.37	-
2366	1018	Gabe Moyle	Ankeny, IA	M0113	10:24.41	-
2644	1019	Reesa Stanley	Altoona, IA	F4044	10:24.59	-
507	1020	David Wegner	West Des Moines, IA	M5054	10:25.17	-
703	1021	Katy Condon	Des Moines, IA	F3034	10:25.56	-
614	1022	Natalie Larson	West Des Moines, IA	F2024	10:25.79	-
1598	1023	Joe Anderson	Des Moines, IA	M5054	10:26.02	-
2049	1024	Lily Henderson	Nevada, IA	F0113	10:26.20	-
2052	1025	Missy Henry	Des Moines, IA	F3539	10:26.33	-
2050	1026	Olivia Henderson	Nevada, IA	F0113	10:26.52	-
588	1027	Joey Gale	West Des Moines, IA	M2024	10:26.72	-
3058	1028	Mary Berry	Ankeny, IA	F5054	10:27.40	-

2196	1029	Melissa Kouang	Des Moines, IA	F3539	10:28.56	-
2516	1030	Linda Riewer	Des Moines, IA	F4044	10:28.75	-
2320	1031	Tanner Merriman	Norwalk, IA	M0113	10:28.75	-
2568	1032	Logan Scholl	Des Moines, IA	M3034	10:28.90	-
550	1033	Cynthia Fuson	Urbandale, IA	F60UP	10:29.32	-
1466	1034	Angela Ten Clay	Urbandale, IA	F3034	10:29.65	-
421	1035	Barbara Roth	Bondurant, IA	F5559	10:29.85	-
758	1036	Valerie Leonard	East Aurora Avenue, IA	F4044	10:29.96	-
609	1037	Andrea Kjos	Ankeny, IA	F3539	10:30.19	-
3259	1038	Elliet Parker	Indianola, IA	F0113	10:30.32	-
611	1039	Peyton Kjos	Ankeny, IA	M0113	10:30.46	-
347	1040	Sarah Middendorf	Waukee, IA	F3539	10:30.91	-
2081	1041	Sharla Hoover	Centerville, IA	F5054	10:30.93	-
2907	1042	Kai Middendorf	Waukee, IA	M0113	10:31.25	-
2687	1043	Alexis Teirnan	Des Moines, IA	F0113	10:31.26	-
577	1044	Roger Crook	Norwalk, IA	M4549	10:31.67	-
409	1045	Renee Raap	Grimes, IA	F3539	10:31.73	-
275	1046	James Howard	Des Moines, IA	M2529	10:31.80	-
1254	1047	Sean McSwain	Altoona, IA	M4549	10:31.92	-
3048	1048	Angie Arndt-Parker	Indianola, IA	F3034	10:32.07	-
2766	1049	Miki Weber	Waukee, IA	F3539	10:32.40	-
2925	1050	Estuardo Menendez	Windsor Heights, IA	M2024	10:32.41	-
1970	1051	Moe Giglio	Des Moines, IA	M2024	10:32.53	-
2973	1052	Brandon Fiala	Van Meter, IA	M1419	10:33.03	-
1041	1053	Bryan Gaskill	Des Moines, IA	M3539	10:33.53	-
2181	1054	Samantha Kintzle	Des Moines, IA	F2024	10:33.95	-
2977	1055	Callie Fiala	Van Meter, IA	F0113	10:33.95	-
324	1056	Yubin Lee	Des Moines, IA	M2529	10:34.16	-
1363	1057	Tammy Rasmussen	Polk City, IA	F3539	10:34.25	-
391	1058	Hannah Park	Des Moines, IA	F2529	10:34.98	-
1567	1059	Jenni Rope	West Des Moines, IA	F3034	10:35.00	-
2564	1060	Charlotte Schmidt	Clive, IA	F5559	10:35.14	-
2839	1061	Anika Yadav	Waukee, IA	F0113	10:35.45	-
2760	1062	Alexa Weber	Waukee, IA	F0113	10:35.87	-
2840	1063	Atiksh Yadava	Waukee, IA	M0113	10:36.06	-
2344	1064	Adira Molstre	Urbandale, IA	F0113	10:36.45	-
1789	1065	Andrew Cole	Ankeny, IA	M0113	10:36.69	-
434	1066	Calvin Schlak	Des Moines, IA	M3539	10:37.09	-
2533	1067	Tami Ruppel	Des Moines, IA	F4549	10:37.23	-
2475	1068	Cynthia Pinter	Des Moines, IA	F5559	10:37.32	-
2293	1069	Melissa McCoy	Des Moines, IA	F4044	10:37.57	-
1944	1070	Brian Galligan	Clive, IA	M4044	10:37.64	-
1947	1071	Leo Galligan	Clive, IA	M0113	10:37.67	-
1946	1072	Kate Galligan	Clive, IA	F3539	10:38.16	-
2334	1073	George Miller Jr.	Des Moines, IA	M3539	10:38.24	-
424	1074	Kyle Rule	Altoona, IA	M1419	10:38.49	-

242	1075	Payton Griess	Urbandale, IA	F0113	10:38.51	-
241	1076	Jordyn Griess	Urbandale, IA	F0113	10:38.62	-
214	1077	Andrew Frantz	Altoona, IA	M0113	10:38.83	-
490	1078	Dan Veasman	Des Moines, IA	M5054	10:39.02	-
180	1079	Jennifer Daniels	Carlisle, IA	F4044	10:39.37	-
3296	1080	Edward Short	Des Moines, IA	M5054	10:40.66	-
3297	1081	Heidi Short	Des Moines, IA	F5054	10:40.73	-
177	1082	Katrina Cummings	Des Moines, IA	F2529	10:40.93	-
297	1083	Anna Kelly	Ankeny, IA	F3034	10:41.32	-
266	1084	Juvelyn Hiolen	Des Moines, IA	F3034	10:41.52	-
2716	1085	Dennis Uhlenhopp	West Des Moines, IA	M5054	10:41.94	-
1182	1086	Srihari Kumaresan	Urbandale, IA	M0113	10:42.53	-
1362	1087	Carrigan Rasmussen	Polk City, IA	F0113	10:42.55	-
1456	1088	Kumaresan Subramani	Urbandale, IA	M4549	10:42.79	-
2273	1089	Vivian Masters	Des Moines, IA	F5559	10:42.93	-
1361	1090	Caitlyn Rasmussen	Polk City, IA	F0113	10:43.25	-
656	1091	Beth Wilson	Des Moines, IA	F5054	10:44.45	-
2803	1092	David Wickard	Des Moines, IA	M2024	10:44.93	-
3093	1093	Shelby Derrick	Des Moines, IA	F2024	10:45.27	-
1650	1094	Rochelle Benavides	Norwalk, IA	F3539	10:45.43	-
1605	1095	Emily Andry	Urbandale, IA	F2024	10:45.81	-
642	1096	Rachelle Setsodi	Des Moines, IA	F4549	10:45.95	-
2316	1097	Erna McSwain	Altoona, IA	F4549	10:46.00	-
1649	1098	Annamarie Bellegante	Des Moines, IA	F2024	10:46.12	-
2880	1099	Morgan Sekhon	Des Moines, IA	F2024	10:46.18	-
499	1100	Brayden Walderbach	Norwalk, IA	M0113	10:46.41	-
2715	1101	Allyson Uhlenhopp	West Des Moines, IA	F4044	10:46.53	-
500	1102	Liz Walderbach	Norwalk, IA	F3539	10:46.64	-
585	1103	Tom Florian	West Des Moines, IA	M2024	10:46.94	-
3132	1104	Lejla Halilovic	Des Moines, IA	F0113	10:46.95	-
3478	1105	Elizabeth Maldomado	Des Moines, IA	F0113	10:47.41	-
3359	1106	Carmela Davidson	Des Moines, IA	F0113	10:47.74	-
1336	1107	Lola Phillips	Des Moines, IA	F1419	10:48.99	-
3322	1108	Connie Toyne	Ankeny, IA	F5054	10:49.51	-
2183	1109	Eric Kirbach	Ankeny, IA	M5559	10:50.35	-
402	1110	Brian Peppenger	Grimes, IA	M4549	10:51.19	-
2164	1111	Madeline Kasra	Des Moines, IA	F2024	10:51.31	-
3347	1112	Elex Nouchanthavong	Des Moines, IA	F2024	10:51.52	-
3246	1113	Noel Nicholas	Des Moines, IA	F4549	10:53.28	-
2079	1114	Mary Honeyman	Des Moines, IA	F2529	10:53.78	-
2201	1115	Kelly Kretschmer	Des Moines, IA	F2529	10:54.14	-
181	1116	Morgana Daros	Ankeny, IA	F3539	10:54.93	-
3315	1117	Yu Sun	Des Moines, IA	F3539	10:55.58	-
2006	1118	Elise Gunsaulus	Norwalk, IA	F0113	10:56.53	-
993	1119	Anna Eichhorn	Waukee, IA	F3539	10:56.75	-
1623	1120	Sarah Bannon	West Des Moines, IA	F2529	10:57.50	-

1813	1121	Rebecca Crepeau	Des Moines, IA	F2024	10:57.62	-
2247	1122	Harrison Loder	Des Moines, IA	M0113	10:57.62	-
2638	1123	Emily Spillane	Des Moines, IA	F2024	10:58.02	-
2249	1124	Ross Loder	Des Moines, IA	M4549	10:58.46	-
2529	1125	Reid Roof	Norwalk, IA	M0113	10:59.62	-
2332	1126	Makya Miller	Des Moines, IA	F1419	10:59.66	-
1712	1127	Beckett Brincks	Norwalk, IA	M0113	10:59.87	-
1441	1128	Chandahn Sophan	Des Moines, IA	F3539	10:59.95	-
2683	1129	Rick Taylor	Ankeny, IA	M60UP	11:00.64	-
753	1130	Joel Elscott	Altoona, IA	M3034	11:01.17	-
2712	1131	Aaron Uhl	Norwalk, IA	M3539	11:02.36	-
2713	1132	Addison Uhl	Norwalk, IA	F0113	11:02.48	-
2129	1133	Jayden Johnson	Altoona, IA	M0113	11:03.27	-
928	1134	Michelle Cornelious	Des Moines, IA	F4044	11:03.54	-
582	1135	Dean Feikes	Ackley, IA	M5559	11:03.78	-
583	1136	Lindsey Feikes	West Des Moines, IA	F2529	11:04.12	-
3424	1137	Michael McGinn	Johnston, IA	M3539	11:04.40	-
3425	1138	Ava McGinn	Johnston, IA	F0113	11:04.95	-
1087	1139	Tracy Hendrix	Des Moines, IA	F4549	11:05.02	-
2511	1140	Austin Renes	Ames, IA	M2024	11:05.72	-
160	1141	Cassie Clark	Des Moines, IA	F2529	11:05.86	-
1190	1142	Joseph Larson	West Des Moines, IA	M3034	11:06.15	-
2221	1143	Lily Larson	West Des Moines, IA	F0113	11:06.25	-
2112	1144	Neal Jackson	Johnston, IA	M4549	11:06.46	-
2255	1145	Albert Lorenzen	Clive, IA	M5054	11:06.76	-
3208	1146	Michael Magee	Ankeny, IA	M4044	11:09.54	-
1713	1147	Julie Brincks	Norwalk, IA	F3539	11:09.83	-
1867	1148	Jon Eichhorn	Waukee, IA	M3539	11:10.52	-
2275	1149	Tara Mattiussi	Des Moines, IA	F2529	11:12.18	-
746	1150	Kyle Braddock	Clive, IA	M3539	11:13.37	-
1829	1151	Becky Decarlo	Des Moines, IA	F4044	11:13.50	-
1582	1152	Laura Adams	Pleasant Hill, IA	F5054	11:13.56	-
137	1153	Julie Braddock	Clive, IA	F3539	11:13.60	-
1981	1154	Danielle Golden	Bondurant, IA	F4044	11:13.61	-
2565	1155	Joel Schmidt	Clive, IA	M60UP	11:13.91	-
545	1156	Roxie Page	Pleasant Hill, IA	F60UP	11:14.91	-
653	1157	Anne Triplett	Urbandale, IA	F4549	11:14.98	-
1497	1158	Kayrin Vincent	West Des Moines, IA	F3034	11:15.03	-
2449	1159	Kyle Paulson	Urbandale, IA	M3034	11:15.84	-
2064	1160	Kyla Hildman	Waukee, IA	F0113	11:15.96	-
3083	1161	Dennis Cornelius	Ankeny, IA	M60UP	11:16.24	-
3272	1162	Danielle Richardson	West Des Moines, IA	F2024	11:16.59	-
2106	1163	Israel Ives	Pleasant Hill, IA	M0113	11:17.01	-
480	1164	Leah Tran	Ankeny, IA	F2529	11:17.36	-
704	1165	Katy Hildman	Waukee, IA	F3539	11:17.52	-
2680	1166	Annelise Tarnowski	Des Moines, IA	F2024	11:17.68	-

2408	1167	Carly Noyes	Des Moines, IA	F2024	11:17.74	-
2253	1168	Miya Long	Urbandale, IA	F0113	11:18.79	-
211	1169	Jody Fisher	Urbandale, IA	F3034	11:19.17	-
212	1170	Zeke Fisher	Urbandale, IA	M0113	11:19.73	-
2488	1171	Clint Pudenz	Urbandale, IA	M3034	11:20.31	-
354	1172	James Munson	Des Moines, IA	M3034	11:20.47	-
1683	1173	Ron Bonanno	West Des Moines, IA	M60UP	11:20.61	-
2528	1174	Kendall Roof	Norwalk, IA	F0113	11:20.97	-
2486	1175	Alison Pudenz	Urbandale, IA	F0113	11:21.22	-
1352	1176	Kristen Pudenz	Urbandale, IA	F3034	11:21.32	-
2487	1177	Avery Pudenz	Urbandale, IA	F0113	11:21.39	-
2714	1178	K'Lyn Uhl	Norwalk, IA	F3034	11:21.55	-
570	1179	Christopher Amundson	Waukee, IA	M3539	11:22.61	-
1595	1180	Kaia Amundson	Waukee, IA	F0113	11:22.62	-
3251	1181	Monique Oakley	Des Moines, IA	F2024	11:23.71	-
2239	1182	Tawnya Lichtenwalter	Earlham, IA	F4549	11:24.69	-
606	1183	Shelley Hurst	Waukee, IA	F3034	11:24.91	-
1594	1184	Deb Amenson	Des Moines, IA	F60UP	11:25.62	-
3075	1185	Alexandria Christian	Des Moines, IA	F2529	11:25.83	-
3476	1186	Elizabeth Van Arkel	Des Moines, IA	F2529	11:26.70	-
1705	1187	Logan Brem	Ankeny, IA	M0113	11:27.04	-
2317	1188	Benjamin Mead	Pleasantville, IA	M2529	11:27.65	-
471	1189	Jean Taffae	Norwalk, IA	F4044	11:28.05	-
1885	1190	Cole Fagen	Urbandale, IA	M1419	11:28.94	-
2538	1191	Parker Rusch	Dallas Center, IA	M0113	11:29.49	-
2692	1192	Tommy Thill	Johnston, IA	M0113	11:30.28	-
134	1193	Tammy Bogenrief	Ankeny, IA	F4549	11:30.54	-
1470	1194	Elizabeth Thill	Johnston, IA	F4044	11:30.59	-
3392	1195	Heather Laporte	Des Moines, IA	F4044	11:31.35	-
2682	1196	Deb Taylor	Ankeny, IA	F60UP	11:31.67	-
1447	1197	Maranda Stepp	Oelwein, IA	F4044	11:33.73	-
1887	1198	Luke Fagen	Urbandale, IA	M1419	11:33.82	-
1288	1199	Dianna Nash	Des Moines, IA	F4549	11:34.82	-
2067	1200	Erin Hirter	Des Moines, IA	F2024	11:35.73	-
2821	1201	Brenda Witmer	Johnston, IA	F4549	11:35.79	-
602	1202	Thomas Heijerman	Urbandale, IA	M2529	11:37.31	-
314	1203	Michael Lacour	Grimes, IA	M3034	11:38.45	-
311	1204	Kristina Lacour	Grimes, IA	F3034	11:38.53	-
951	1205	Joey Davis	Prairie City, IA	M4044	11:38.88	-
2623	1206	Carl Soderlund	Urbandale, IA	M4044	11:39.09	-
600	1207	Charlotte Heijerman	Urbandale, IA	F0113	11:39.18	-
1077	1208	Destinae Hanson	Des Moines, ID	F2529	11:39.48	-
1824	1209	Ean Davis	Prairie City, IA	M0113	11:39.73	-
654	1210	Marina Verlengia	Des Moines, IA	F3034	11:40.17	-
2349	1211	Josh Moore	Urbandale, IA	M3539	11:40.54	-
2993	1212	Steven Goers	Des Moines, IA	M60UP	11:40.81	-

2719	1213	Emily Van Baale	West Des Moines, IA	F2529	11:40.92	-
2589	1214	Robert Shackelford	Des Moines, IA	M3034	11:41.53	-
2225	1215	Isaiah Lecocq	Des Moines, IA	M0113	11:42.19	-
3178	1216	Jeff Knake	Johnston, IA	M3539	11:42.21	-
422	1217	Brian Roth	Bondurant, IA	M5559	11:42.33	-
3180	1218	Warren Knake	Johnston, IA	M0113	11:43.49	-
601	1219	Sara Heijerman	Urbandale, IA	F2529	11:43.82	-
2509	1220	Jamie Rempe	West Des Moines, IA	F3034	11:43.92	-
2507	1221	Charlotte Rempe	West Des Moines, IA	F0113	11:44.01	-
2508	1222	Isabella Rempe	West Des Moines, IA	F0113	11:44.12	-
2363	1223	Anna Motroni	Urbandale, IA	F0113	11:45.25	-
1827	1224	Trisha Davis	Windsor Heights, IA	F4549	11:45.30	-
251	1225	Garrison Hager	Urbandale, IA	M0113	11:45.35	-
2189	1226	Heidi Kline	Bondurant, IA	F4044	11:45.54	-
2843	1227	Unknown Runner			11:45.66	-
252	1228	James Hager	Urbandale, IA	M4044	11:45.91	-
138	1229	Stella Braddock	Clive, IA	F0113	11:46.04	-
2092	1230	Pam Hugen	West Des Moines, IA	F60UP	11:46.17	-
1925	1231	Addison Frederick	Ankeny, IA	F0113	11:46.81	-
249	1232	Anthony Hager	Urbandale, IA	M0113	11:46.98	-
1926	1233	Amy Frederick	Ankeny, IA	F3539	11:47.24	-
2178	1234	Kausalya Khalaiselvan	Urbandale, IA	F2024	11:47.52	-
2425	1235	Kasen Otis	Clive, IA	M0113	11:48.42	-
2423	1236	Bennett Otis	Clive, IA	M0113	11:48.68	-
3183	1237	Kelly Konz	Clive, IA	F4044	11:48.80	-
3213	1238	Andrea Marinaro	Des Moines, IA	F4044	11:49.01	-
1702	1239	Deanna Breeding	Des Moines, IA	F4549	11:49.44	-
3019	1240	Eric Olson	Ottumwa, IA	M5054	11:49.48	-
2695	1241	Kylee Thompson	Ankeny, IA	F0113	11:49.48	-
1753	1242	Maddie Carreon	Ankeny, IA	F0113	11:49.89	-
2069	1243	Bradley Hobbs	Des Moines, IA	M60UP	11:50.56	-
2094	1244	Lydia Hughes	Grimes, IA	F0113	11:50.78	-
1802	1245	Jill Costanzo	West Des Moines, IA	F5054	11:51.02	-
2552	1246	Charitie Schaer	Des Moines, IA	F3539	11:51.21	-
3231	1247	Hayden Miller	Ankeny, IA	M0113	11:51.26	-
3229	1248	Angie Miller	Ankeny, IA	F3539	11:51.26	-
659	1249	Jason Hughes	Grimes, IA	M3539	11:51.42	-
1865	1250	Travis Eckhart	Urbandale, IA	M3034	11:51.94	-
1980	1251	Kimberly Glandorf	Johnston, IA	F5559	11:52.91	-
276	1252	Sarah Hughes	Grimes, IA	F3539	11:53.04	-
2426	1253	Meredith Otis	Clive, IA	F3034	11:53.08	-
1892	1254	Linda Feiden	West Des Moines, IA	F5559	11:53.12	-
425	1255	Jessica Rutherford	Des Moines, IA	F4549	11:53.62	-
2093	1256	Alexa Hughes	Grimes, IA	F0113	11:53.97	-
3470	1257	Aubrey Soderlund	Urbandale, IA	F1419	11:54.27	-
437	1258	Terri Schlak	Des Moines, IA	F3539	11:57.20	-

1493	1259	Andy Verlengia	Des Moines, IA	M3539	11:57.46	-
436	1260	Ian Schlak	Des Moines, IA	M0113	11:58.07	-
3090	1261	Peggy Daniels	St. Charles, IA	F60UP	11:58.30	-
1704	1262	Jana Brem	Ankeny, IA	F4044	12:00.03	-
3145	1263	Stephen Honzo	Mt. Gilead, OH	M4044	12:00.22	-
1883	1264	Lilia Faber	Des Moines, IA	F0113	12:02.73	-
3309	1265	Karis Stierman	Urbandale, IA	F0113	12:02.85	-
1884	1266	Matt Faber	Des Moines, IA	M3539	12:03.34	-
398	1267	Michael Peake	Urbandale, IA	M5559	12:03.51	-
3311	1268	Rachel Stierman	Urbandale, IA	F3539	12:04.09	-
2401	1269	John Nikas	Urbandale, IA	M4549	12:04.14	-
2504	1270	Zander Reed	Ames, IA	M0113	12:04.46	-
2645	1271	Stacie Stearns	Des Moines, IA	F2529	12:08.49	-
3142	1272	Colleen Hjort	Des Moines, IA	F3539	12:08.94	-
3137	1273	Jody Harger	Ankeny, IA	F4549	12:09.15	-
1882	1274	Elsie Faber	Des Moines, IA	F0113	12:10.52	-
1881	1275	Alexis Faber	Des Moines, IA	F3539	12:10.52	-
277	1276	Seth Hutcheson	Indianola, IA	M2529	12:11.96	-
2358	1277	Michelle Morris-O'hara	Urbandale, IA	F4044	12:15.02	-
489	1278	Christie Vaughan	Norwalk, IA	F3034	12:16.49	-
2146	1279	Zach Jorgensen	Waukee, IA	M0113	12:16.92	-
3202	1280	Julianna Lovan	Des Moines, IA	F0113	12:19.12	-
1371	1281	Paul Reno	West Des Moines, IA	M4549	12:19.47	-
1720	1282	Isabella Brown	Des Moines, IA	F0113	12:20.08	-
1218	1283	Stacy Lovan	Des Moines, IA	F3539	12:20.67	-
3379	1284	Bill Menner	Grinnell, IA	M5054	12:21.65	-
2791	1285	Dan Wheeler	Yankton, SD	M5054	12:21.66	-
2659	1286	Teresa Stori	Yankton, SD	F5054	12:22.22	-
2145	1287	Jeff Jorgensen	Waukee, IA	M4044	12:23.02	-
397	1288	Jenni Patton	Des Moines, IA	F3539	12:25.19	-
3250	1289	Isaiah Oakley	Des Moines, IA	M2529	12:25.37	-
2397	1290	Sadie Nicol	Johnston, IA	F0113	12:25.77	-
1746	1291	Katelyn Canepa	Des Moines, IA	F2024	12:26.88	-
1717	1292	Charlotte Brown	Des Moines, IA	F0113	12:27.24	-
2039	1293	Abdul Mateen Hashim	Des Moines, IA	M2024	12:27.25	-
1723	1294	Sara Brown	Des Moines, IA	F3034	12:28.37	-
2028	1295	Colton Harper	Des Moines, IA	M0113	12:30.44	-
367	1296	Smita Nishant	Waukee, IA	F3034	12:31.23	-
2398	1297	Toni Nicol	Johnston, IA	F3539	12:32.98	-
3413	1298	Jill Rivera	Des Moines, IA	F0113	12:35.82	-
2519	1299	Tiffany Rivera	Des Moines, IA	F0113	12:36.25	-
1032	1300	Julie Gaiaschi	Urbandale, IA	F3034	12:37.08	-
1941	1301	Faith Gaiaschi	Urbandale, IA	F0113	12:37.08	-
2883	1302	Stacy Frelund	Ankeny, IA	F3539	12:37.58	-
2278	1303	Joanna Mauk	Des Moines, IA	F4044	12:38.01	-
3274	1304	Amanda Robbins	Des Moines, IA	F3034	12:39.33	-

329	1305	Andy Lester	Waukee, IA	M3034	12:40.01	-
304	1306	Erin Kozitza	Waukee, IA	F3539	12:40.03	-
2232	1307	Lisa Lemon	Des Moines, IA	F5054	12:41.24	-
2503	1308	Todd Reed	Ames, IA	M4549	12:41.26	-
2584	1309	Elizabeth Sedrel	Des Moines, IA	F4549	12:41.86	-
2237	1310	Jeanice Lester	Red Oak, IA	F60UP	12:42.30	-
1993	1311	Jacqueline Grier	Monroe, IA	F60UP	12:42.89	-
337	1312	Jordan Marsh	West Des Moines, IA	F2529	12:42.99	-
2650	1313	Beth Steven	Ankeny, IA	F5559	12:43.07	-
527	1314	Aubrey Young	Ankeny, IA	F0113	12:43.45	-
528	1315	David Young	Ankeny, IA	M3539	12:44.22	-
305	1316	Tim Kozitza	Waukee, IA	M4044	12:45.88	-
879	1317	Travis Brott	Des Moines, IA	M3034	12:47.22	-
532	1318	Dala Brott	Des Moines, IA	F3034	12:47.57	-
657	1319	Kodee Wright	Des Moines, IA	F2529	12:48.40	-
1786	1320	Christina Coen	West Des Moines, IA	F5559	12:48.65	-
1728	1321	Lee Buell	West Des Moines, IA	F5054	12:49.08	-
2547	1322	Mary Sanders	Des Moines, IA	F60UP	12:50.71	-
296	1323	Neela Kayastha	West Des Moines, IA	F4044	12:51.31	-
1964	1324	Cameron George	Des Moines, IA	M0113	12:51.77	-
295	1325	Kailash Kayastha	W Des Moines, IA	M4044	12:51.84	-
3108	1326	Jerry Floyd	Clive, IA	M4549	12:52.34	-
3109	1327	Shonna Floyd	Clive, IA	F4549	12:52.67	-
1965	1328	Chris George	Des Moines, IA	M3539	12:53.22	-
863	1329	Katie Bradley	Des Moines, IA	F2529	12:53.76	-
3147	1330	Kelly Horton	Des Moines, IA	F4549	12:53.86	-
3306	1331	Timothy Steinmeyer	Des Moines, IA	M5054	12:53.92	-
2909	1332	Yolanda Cintron	Des Moines, IA	F60UP	12:54.31	-
261	1333	Teddy Heggen	Des Moines, IA	M0113	12:54.80	-
788	1334	Cindy Taykowski	Des Moines, IA	F4044	12:54.88	-
262	1335	Theodore Heggen V	Des Moines, IA	M3034	12:54.88	-
914	1336	Diane Christie	Urbandale, IA	F60UP	12:55.43	-
1022	1337	Jody Freel	Altoona, IA	F5559	12:55.57	-
1228	1338	Carson Mains	Ankeny, IA	M0113	12:56.09	-
376	1339	Sara Nygaard	West Des Moines, IA	F3539	12:56.32	-
1227	1340	Allison Mains	Ankeny, IA	F0113	12:56.55	-
947	1341	Amanda Daugherty	Grimes, IA	F3034	12:57.00	-
1315	1342	Morgan Ottenbacher	Des Moines, IA	F2529	12:57.34	-
3054	1343	Jake Battershell	Ankeny, IA	M0113	12:58.85	-
1619	1344	Stephanie Babcock	Johnston, IA	F2529	12:59.25	-
3245	1345	Nicholas Newbury	Urbandale, IA	M2529	12:59.44	-
2458	1346	Fenix Penning	Ankeny, IA	M0113	12:59.59	-
3374	1347	Mandi McReynolds	West Des Moines, IA	F3034	13:00.35	-
3375	1348	Ava McReynolds	West Des Moines, IA	F0113	13:00.55	-
2459	1349	Jaxon Penning	Ankeny, IA	M0113	13:03.80	-
1415	1350	Victoria Schildroth	Reasnor, IA	F2024	13:06.81	-

1247	1351	Amber McCrady	Ankeny, IA	F3034	13:06.91	-
246	1352	Grace Gustafson	Altoona, IA	F0113	13:07.02	-
245	1353	Christine Gustafson	Altoona, IA	F4044	13:07.34	-
1333	1354	Ashley Phillips	Ackworth, IA	F2024	13:07.47	-
401	1355	Kimberly Penning	Ankeny, IA	F3034	13:08.95	-
1021	1356	Lee Ann Frazier	Des Moines, IA	F5559	13:08.99	-
3219	1357	Adior Mayom	Urbandale, IA	F0113	13:10.29	-
2295	1358	Zander McCrady	Ankeny, IA	M0113	13:11.98	-
3469	1359	Jennifer Soderlund	Urbandale, IA	F4044	13:13.67	-
2990	1360	Barb Lorenzen	Clive, IA	F4044	13:14.25	-
2991	1361	Levi Lorenzen	Clive, IA	M0113	13:14.65	-
526	1362	David Wozniak	Des Moines, IA	M3539	13:14.95	-
355	1363	Bob Myers	Polk City, IA	M4044	13:17.14	-
1130	1364	Katie Johnson	West Des Moines, IA	F2024	13:17.33	-
1270	1365	Shelby Miller	West Des Moines, IA	F2024	13:17.59	-
1454	1366	Kaleigh Strong	Woodward, IA	F2024	13:18.25	-
3486	1367	Daryl Miller	Des Moines, IA	M3539	13:19.26	-
3489	1368	Finley Henderson	Nevada, IA	F0113	13:19.88	-
1498	1369	Pamela Voigt	Waukee, IA	F60UP	13:21.01	-
2932	1370	Bob Kurrig	Des Moines, IA	M60UP	13:22.45	-
468	1371	Kirby Summers	Cumming, IA	M5559	13:22.50	-
3055	1372	Luke Battershell	Ankeny, IA	M0113	13:24.55	-
1607	1373	Steven Annin	Urbandale, IA	M5559	13:25.08	-
3280	1374	Wyatt Rosenbalm	Carlisle, IA	M0113	13:25.15	-
3218	1375	Jayme Mau	Urbandale, IA	F4044	13:25.41	-
3279	1376	Angie Rosenbalm	Carlisle, IA	F3539	13:25.81	-
1886	1377	Isabel Fagen	Urbandale, IA	F1419	13:26.34	-
1759	1378	Sheila Cassidy	West Des Moines, IA	F4549	13:27.60	-
3053	1379	Amber Battershell	Ankeny, IA	F3539	13:28.29	-
2014	1380	Karess Haivala	West Des Moines, IA	F4549	13:28.86	-
1655	1381	Brooke Benschoter	Des Moines, IA	F5559	13:33.94	-
3141	1382	Sandy Hildestad	Des Moines, IA	F60UP	13:34.10	-
3073	1383	Ryan Champion	Des Moines, IA	M0113	13:34.57	-
1012	1384	Kris Fagen	Urbandale, IA	F4044	13:34.85	-
3072	1385	Michelle Champion	Des Moines, IA	F4044	13:34.85	-
2776	1386	Scarlett Welch	Grimes, IA	F0113	13:37.12	-
861	1387	Yashmine Boston	Des Moines, IA	F4044	13:37.40	-
511	1388	Nathaniel Welch	Grimes, IA	M3539	13:37.50	-
1847	1389	Marykate Dorrlacombe	West Des Moines, IA	F3034	13:38.80	-
2936	1390	Amanda Banks	Des Moines, IA	F3539	13:39.45	-
999	1391	Corinne Elscott	Altoona, IA	F3539	13:39.51	-
2131	1392	Liam Johnson	Altoona, IA	M0113	13:40.10	-
1413	1393	Lisa Scaglione	Norwalk, IA	F5054	13:40.53	-
2774	1394	April Welch	Grimes, IA	F3539	13:41.17	-
2434	1395	Stephanie Page	Waukee, IA	F3034	13:41.45	-
2775	1396	Finley Welch	Grimes, IA	F0113	13:41.70	-

2433	1397	Brent Page	Waukee, IA	M3034	13:41.81	-
1067	1398	Adam Hackman	West Des Moines, IA	M3034	13:41.88	-
2951	1399	Timmy Fairchild	Ankeny, IA	M0113	13:45.01	-
1181	1400	Kayla Kuennen	Grimes, IA	F2529	13:45.21	-
3201	1401	Kelsey Long	Des Moines, IA	F0113	13:45.76	-
2384	1402	Rishanty Navaratnam	Des Moines, IA	F2024	13:46.48	-
3134	1403	Heather Hansen	Windsor Heights, IA	F3539	13:47.48	-
3095	1404	Nicole Dohm	Des Moines, IA	F2024	13:49.67	-
1407	1405	Barbara Sackett	Waukee, IA	F5559	13:51.23	-
1519	1406	Susan Wells	Adel,, IA	F5054	13:51.80	-
2365	1407	Jill Motroni	Urbandale, IA	F3539	13:52.67	-
2364	1408	Edmund Motroni	Urbandale, IA	M0113	13:53.68	-
1074	1409	Patricia Hand	Maxwell, IA	F60UP	13:54.02	-
761	1410	Tina Schmidt	Nevada, IA	F3539	13:54.07	-
3135	1411	Karla Hansen	Urbandale, IA	F60UP	13:54.32	-
981	1412	Marilyn Dowell	Waukee, IA	F60UP	13:54.97	-
168	1413	Malo Copelan	Ankeny Ia, IA	M0113	13:58.59	-
169	1414	Noel Copelan	Ankeny, IA	M4044	13:58.73	-
2668	1415	Rishi Sumit	Des Moines, IA	M3034	14:00.33	-
2732	1416	Mukulika Vashistha	Des Moines, IA	F3034	14:00.65	-
940	1417	Storm Cutwright	Des Moines, IA	M1419	14:02.04	-
2095	1418	Elijah Hummel	West Des Moines, IA	M0113	14:03.27	-
697	1419	Debbie Hummel	West Des Moines, IA	F4549	14:04.11	-
2875	1420	Jessica Toone	Des Moines, IA	F2024	14:04.72	-
694	1421	Amber Schafer	Clive, IA	F3034	14:05.00	-
2474	1422	Rachel Pierick	Des Moines, IA	F1419	14:06.34	-
279	1423	Lucas Iburg	West Des Moines, IA	M2529	14:09.36	-
2009	1424	Mark Gustafson	Des Moines, IA	M5559	14:09.92	-
244	1425	Audrey Gustafson	Des Moines, IA	F2024	14:10.06	-
2530	1426	Ryan Roof	Norwalk, IA	M3539	14:10.12	-
1411	1427	Nathan Sam	Des Moines, IA	M0113	14:10.44	-
301	1428	Julia Knapp	Des Moines, IA	F0113	14:11.10	-
1410	1429	Chandani Sam	Des Moines, IA	F0113	14:11.16	-
2469	1430	Karen Pierick	Des Moines, IA	F5054	14:13.48	-
530	1431	Quinton Young	Ankeny, IA	M0113	14:16.92	-
2353	1432	Jamie Morey	Adel, IA	M4044	14:16.93	-
2352	1433	Devin Morey	Adel, IA	M0113	14:17.09	-
529	1434	Katie Young	Ankeny, IA	F3539	14:18.12	-
396	1435	Amy Patterson	Des Moines, IA	F2024	14:19.25	-
2747	1436	Sarah Walker	Windsor Heights, IA	F4044	14:19.68	-
3070	1437	Zach Carlson	Des Moines, IA	M2024	14:19.69	-
3307	1438	Nickelle Stevens	Des Moines, IA	F3034	14:23.00	-
2790	1439	Reagan Wey	Johnston, IA	F0113	14:23.68	-
2788	1440	Britta Wey	Johnston, IA	F3034	14:23.85	-
1911	1441	Madelyn Flowers	Des Moines, IA	F0113	14:24.45	-
1910	1442	Anna Flowers	Des Moines, IA	F3034	14:24.58	-

215	1443	Danielle Frantz	Altoona, IA	F0113	14:26.08	-
3221	1444	Jok Mayom	Urbandale, IA	M0113	14:26.52	-
1826	1445	Robin Davis	Urbandale, IA	F5559	14:29.95	-
2913	1446	Karen Weld	Clarion, IA	F60UP	14:33.20	-
2845	1447	Ted Welch	Des Moines, IA	M5054	14:35.09	-
2849	1448	Roisin Welch	Coralville, IA	F2024	14:35.68	-
865	1449	Liz Bragg	Norwalk, IA	F4549	14:37.97	-
1804	1450	Jocelyn Cottrell	Urbandale, IA	F0113	14:42.77	-
1803	1451	Angie Cottrell	Urbandale, IA	F3539	14:42.94	-
1837	1452	Nick Deschane	Ankeny, IA	M2529	14:43.58	-
188	1453	Jessica Deschane	Ankeny, IA	F3034	14:44.37	-
2355	1454	Savannah Morey	Adel, IA	F0113	14:45.12	-
2354	1455	Nicki Morey	Adel, IA	F4549	14:45.17	-
446	1456	Brian Seidl	West Des Moines, IA	M3034	14:47.58	-
2587	1457	Tanner Seidl	West Des Moines, IA	M0113	14:47.85	-
3437	1458	Andrew Ryerson	Des Moines, IA	M3034	14:48.92	-
123	1459	Alyson Benell	Des Moines, IA	F2529	14:50.68	-
3440	1460	Alan Ryerson	Des Moines, IA	M60UP	14:53.83	-
1377	1461	Mark Rhodes	Des Moines, IA	M4044	14:56.03	-
1376	1462	Maggie Rhodes	Des Moines, IA	F4044	14:56.81	-
450	1463	Chad Severson	Des Moines, IA	M3034	14:57.09	-
451	1464	Sarah Severson	Des Moines, IA	F3034	14:57.48	-
613	1465	Kim Lammers	Grimes, IA	F4549	14:57.82	-
1585	1466	Tammy Agey	Des Moines, IA	F4549	14:58.34	-
2251	1467	J Long	Urbandale, IA	F5054	14:58.60	-
3384	1468	Brenda Call	Des Moines, IA	F5054	14:59.65	-
547	1469	Joe Ernst	Des Moines, IA	M5054	15:02.18	-
2543	1470	Sheri Sales	Des Moines, IA	F5559	15:05.56	-
936	1471	Turner Cunningham	Urbandale, IA	M0113	15:06.75	-
1273	1472	Bernice Mohn	Norwalk, IA	F5559	15:08.06	-
1551	1473	Tessa Yawn	Altoona, IA	F3539	15:08.55	-
435	1474	Gwen Schlak	Des Moines, IA	F0113	15:09.23	-
3064	1475	Cael Brannen	Prairie City, IA	M0113	15:09.39	-
867	1476	Kate Brannen	Prairie City, IA	F4044	15:09.49	-
1186	1477	Kevin Lanning	Urbandale, IA	M60UP	15:09.93	-
1274	1478	Tim Moglestad	Grimes, IA	M60UP	15:12.13	-
1024	1479	Chantelle Freeman	Urbandale, IA	F3539	15:12.67	-
906	1480	Penny Chesterman	Menlo, IA	F4549	15:13.72	-
340	1481	Jill McBroom	West Des Moines, IA	F4044	15:13.94	-
1197	1482	Anthony Leo	Des Moines, IA	M2529	15:17.87	-
2272	1483	Tylonda Mason	Des Moines, IA	F4044	15:19.80	-
881	1484	Philip Brown	Clive, IA	M5559	15:24.59	-
278	1485	Tempest Hutcheson	Indianola, IA	F5054	15:26.03	-
313	1486	Logan Lacour	Grimes, IA	M0113	15:27.49	-
671	1487	Molli Miller	Des Moines, IA	F2529	15:28.01	-
312	1488	Landon Lacour	Grimes, IA	M0113	15:28.65	-

1168	1489	Trevor Knupp	Indianola, IA	M0113	15:28.86	-
1689	1490	Kerry Bosworth	Clive, IA	F4044	15:29.01	-
1145	1491	Amy Jurich	Waukee, IA	F4549	15:29.11	-
1690	1492	Lauren Bosworth	Clive, IA	F0113	15:29.72	-
744	1493	Jennifer Barnes	West Des Moines, IA	F4549	15:31.09	-
764	1494	Jennifer Weber	Urbandale, IA	F3034	15:31.24	-
1057	1495	Beth Goebel	Urbandale, IA	F5559	15:31.52	-
1842	1496	Jody Dierickx	West Des Moines, IA	F2529	15:31.55	-
884	1497	Diane Buckhouse	Norwalk, IA	F5559	15:35.72	-
1167	1498	Stephanie Knupp	Indianola, IA	F4044	15:36.16	-
1050	1499	Merry Gerzema	Urbandale, IA	F5559	15:37.66	-
3200	1500	Kari Long	Des Moines, IA	F4044	15:38.62	-
1710	1501	Sonja Brightwell	Des Moines, IA	F4549	15:38.91	-
1709	1502	David Brightwell	Des Moines, IA	M4549	15:39.12	-
255	1503	Jean Hansen	Norwalk, IA	F5054	15:39.86	-
3168	1504	Pam Kenyon	Waukee, IA	F60UP	15:41.80	-
1561	1505	Evelyn Haas	Clive, IA	F0113	15:43.87	-
1559	1506	Amy Haas	Clive, IA	F4044	15:43.89	-
1107	1507	Melissa Houlsworth	Des Moines, IA	F4549	15:44.09	-
1560	1508	Courtney Haas	Clive, IA	F0113	15:44.18	-
2835	1509	Jordan Wyer	Ankeny, IA	F0113	15:45.10	-
2012	1510	Craig Haas	Clive, IA	M4549	15:45.31	-
1229	1511	Lauren Mains	Ankeny, IA	F0113	15:45.56	-
1476	1512	Kelly Till	Urbandale, IA	F4549	15:45.60	-
1045	1513	Donna Geier	Urbandale, IA	F4549	15:46.89	-
1408	1514	Krista Sage	Johnston, IA	F5559	15:48.26	-
227	1515	Adelina Giron	Des Moines, IA	F2024	15:49.77	-
2219	1516	Chery Larson	West Des Moines, IA	F3539	15:51.14	-
2627	1517	Rachelle Sorensen	West Des Moines, IA	F5054	15:51.63	-
3345	1518	Zoe Zmolek	Des Moines, IA	M0113	15:54.35	-
3323	1519	Noelle Trevillyan	Des Moines, IA	F4549	15:54.97	-
1356	1520	Blake Ransford	Runnells, IA	M1419	15:55.12	-
1357	1521	Debra Ransford	Runnells, IA	F5054	15:55.20	-
2976	1522	Easton Fiala	Van Meter, IA	M0113	15:55.39	-
2972	1523	Jerry Fiala	Van Meter, IA	M5054	15:56.48	-
1575	1524	Dori Reno	West Des Moines, IA	F4549	15:57.47	-
1358	1525	Mark Ransford	Runnells, IA	M2024	15:57.85	-
709	1526	Brian Kramer	Des Moines, IA	M4044	15:58.30	-
811	1527	Dennis Atherton	Des Moines, IA	M5054	15:58.47	-
1271	1528	Kim Mingles	Prole, IA	F5054	16:00.93	-
430	1529	Rohan Sah	Waukee, IA	M0113	16:01.13	-
1322	1530	Kathy Pearson	Ankeny, IA	F5054	16:01.76	-
1364	1531	Jackie Reagan	Urbandale, IA	F5559	16:02.04	-
1174	1532	Sue Krantz	Ankeny, IA	F5054	16:02.94	-
1327	1533	Jared Peterson	Polk City, IA	M3539	16:03.72	-
2689	1534	John Terry	West Des Moines, IA	M60UP	16:04.11	-

1550	1535	Kevin Yawn	Altoona, IA	M4549	16:04.40	-
1963	1536	Vivian Geerdes	West Des Moines, IA	F60UP	16:04.56	-
1509	1537	Jacquelyn Watne	Ankeny, IA	F2529	16:05.23	-
1446	1538	Amanda Staker	Ankeny, IA	F3539	16:05.34	-
1006	1539	Oliver Espe	Des Moines, IA	M0113	16:05.54	-
3353	1540	Emily Pontius	Urbandale, IA	F4044	16:06.08	-
3354	1541	Kathryn Pontius	Urbandale, IA	F0113	16:06.20	-
3356	1542	Jason Pontius	Urbandale, IA	M4044	16:06.33	-
763	1543	Nathan Watne	Ankeny, IA	M2529	16:06.54	-
2817	1544	Andrew Wineski	Windsor Heights, IA	M4549	16:06.99	-
1005	1545	Kathryn Espe	Des Moines, IA	F3539	16:07.37	-
2319	1546	Barb Merkle	Ankeny, IA	F5054	16:09.54	-
2599	1547	Robert Sigmund, Jr.	Altoona, IA	M5054	16:12.56	-
1426	1548	Marlene Sigmund	Altoona, IA	F5054	16:13.29	-
1152	1549	Amarnath Kannoly	Clive, IA	M5559	16:13.88	-
1132	1550	Terri Johnson	Des Moines, IA	F5559	16:14.07	-
2203	1551	Scott Kruse	Ankeny, IA	M0113	16:15.56	-
2202	1552	Aaron Kruse	Ankeny, IA	M0113	16:16.02	-
2204	1553	Terry Kruse	Ankeny, IA	M4044	16:16.61	-
1387	1554	Linda Roberts	Des Moines, IA	F4549	16:20.49	-
918	1555	Lori Churchill	Maxwell, IA	F5054	16:20.66	-
1620	1556	Bethany Bachman	Bondurant, IA	F2529	16:21.68	-
1180	1557	Mary Beth Kucharo	Windsor Heights, IA	F4044	16:24.92	-
1972	1558	Charlie Gill	Johnston, IA	M0113	16:25.44	-
1368	1559	Jamie Regenwether	Des Moines, IA	F3539	16:28.57	-
3179	1560	Jen Knake	Johnston, IA	F3539	16:28.62	-
3177	1561	Ana Knake	Johnston, IA	F0113	16:29.14	-
1797	1562	Lisa Conlan	Pleasant Hill, IA	F5559	16:29.17	-
2505	1563	Joel Regenwether	Des Moines, IA	M3034	16:30.75	-
889	1564	Marilyn Campos	Pleasant Hill, IA	F5559	16:31.60	-
306	1565	Gina Kramer	Des Moines, IA	F5054	16:33.40	-
307	1566	Lynn Kramer	Des Moines, IA	M5054	16:33.47	-
1832	1567	Lynn Degroot	Des Moines, IA	F5559	16:33.51	-
1895	1568	Zeplin Fife	Des Moines, IA	M0113	16:33.86	-
1894	1569	Ireland Fife	Des Moines, IA	F0113	16:34.67	-
909	1570	Marci Chickering	Des Moines, IA	F4549	16:35.30	-
2805	1571	Nicholas Wiedenhoff	Des Moines, IA	M0113	16:35.40	-
1533	1572	Alethea Wiedenhoff	Des Moines, IA	F3539	16:35.78	-
1044	1573	Scott Gavin	Des Moines, IA	M4549	16:36.66	-
1121	1574	Laura Jackson	Johnston, IA	F4549	16:37.17	-
1341	1575	Katherine Pohlman	Adel, IA	F4044	16:37.42	-
1429	1576	Renea Simmer	Norwalk, IA	F5559	16:38.28	-
2743	1577	Kelly Wagner	Cumming, IA	M4044	16:38.89	-
985	1578	Pamela Dye	Cumming, IA	F4549	16:39.07	-
1687	1579	Joyce Borchert	Des Moines, IA	F60UP	16:40.74	-
1389	1580	Brigid Rocca	Des Moines, IA	F5054	16:41.18	-

1184	1581	Michael Landy	Johnston, IA	M5054	16:41.21	-
1547	1582	Nicole Wu	West Des Moines, IA	F60UP	16:41.28	-
3460	1583	Ricki Borchert	Des Moines, IA	F3539	16:42.65	-
2962	1584	Christopher Johnson	Des Moines, IA	M4044	16:42.95	-
2132	1585	Liliana Johnson	West Des Moines, IA	F0113	16:43.33	-
3480	1586	Alissa Willett	Des Moines, IA	F4044	16:43.90	-
2818	1587	Andrew Wiskus	Des Moines, IA	M2529	16:44.07	-
2127	1588	Cassandra Johnson	West Des Moines, IA	F3034	16:45.32	-
2128	1589	Charles Johnson	West Des Moines, IA	M3034	16:46.10	-
1579	1590	Alyssa Acton	Davenport, IA	F2529	16:48.71	-
472	1591	Stephanie Tessman	Des Moines, IA	F3034	16:48.82	-
3146	1592	Jill Hood	Ankeny, IA	F60UP	16:49.13	-
166	1593	Christine Coney	Carlisle, IA	F4549	16:49.28	-
1072	1594	Hilary Hamilton	Des Moines, IA	F2024	16:49.46	-
2084	1595	Lindsey Hornbaker	Rock Island, IL	F2529	16:50.08	-
633	1596	Rachael Pruet	West Des Moines, IA	F2529	16:50.36	-
1495	1597	Jaime Vieth	West Des Moines, IA	F2529	16:50.49	-
1537	1598	Madeline Wilhelm	Des Moines, IA	F2024	16:50.64	-
992	1599	Rachel Ehli	Des Moines, IA	F3539	16:54.58	-
176	1600	Erin Crane	Ankeny, IA	F4044	16:55.31	-
1200	1601	Shelly Lewis	New Virginia, IA	F5559	16:55.57	-
2284	1602	Jessie Mays	Des Moines, IA	F5559	16:55.57	-
1398	1603	Rebecca Rossi	Des Moines, IA	F4549	16:56.16	-
1023	1604	Rachel Freel	Altoona, IA	F2024	16:56.30	-
549	1605	Melanie Douglas	Madrid, IA	F4044	16:56.36	-
3164	1606	Sampath Jayasinghe	Des Moines, IA	M4044	16:57.96	-
1140	1607	Angela Joynes	Altoona, IA	F4044	16:58.81	-
3216	1608	Amy Masseo	Ankeny, IA	F4549	17:00.11	-
458	1609	Isabelle Stamper	Des Moines, IA	F0113	17:00.15	-
1073	1610	Joyce Hamilton	Pleasant Hill, IA	F60UP	17:00.99	-
460	1611	Tracy Stamper	Des Moines, IA	F2529	17:01.38	-
2380	1612	Rashad Nagi	Ankeny, IA	M2024	17:02.43	-
106	1613	Victoria Aldridge	Ankeny, IA	F2529	17:02.45	-
1589	1614	Maxwell Aldridge	Ankeny, IA	M0113	17:02.92	-
930	1615	Brenda Couser	Nevada, IA	F5054	17:03.63	-
359	1616	Stephanie Neer	Des Moines, IA	F3539	17:04.37	-
247	1617	Stephanie Gustafson	Ankeny, IA	F3034	17:04.48	-
444	1618	Selisia Schwarz	Ankeny, IA	F3034	17:04.65	-
1648	1619	Joe Bell	Indianola, IA	M5559	17:04.88	-
836	1620	Kathy Bell	Indianola, IA	F5559	17:05.40	-
454	1621	Tim Sheeks	Ankeny, IA	M3034	17:05.55	-
453	1622	Rachel Sheeks	Ankeny, IA	F2529	17:05.76	-
3411	1623	Amber Kuehler	Des Moines, IA	F3034	17:06.26	-
3412	1624	Bill Kuehler	Des Moines, IA	M4044	17:07.18	-
2609	1625	Laurie Smith	Altoona, IA	F3539	17:09.68	-
797	1626	Corey Anderson	Des Moines, IA	M3539	17:09.73	-

2165	1627	Patrick Kazeze	Des Moines, IA	M4044	17:10.04	-
2029	1628	Stefanie Harper	Johnston, IA	F3539	17:10.17	-
3102	1629	Joe Eriksen	West Des Moines, IA	M4549	17:10.73	-
303	1630	Michelle Koepke	Des Moines, IA	F4549	17:11.22	-
1002	1631	Ann Eriksen	West Des Moines, IA	F5054	17:12.40	-
300	1632	Eric Knapp	Des Moines, IA	M3539	17:14.24	-
175	1633	Wendy Crabtree	Maxwell, IA	F3034	17:14.36	-
325	1634	Shawna Leimbacher	West Des Moines, IA	F2024	17:14.43	-
348	1635	Ashley Miller	Des Moines, IA	F3034	17:15.34	-
3247	1636	John Nicolino	Des Moines, IA	M60UP	17:16.48	-
1305	1637	Janet Nicolino	Des Moines, IA	F60UP	17:17.10	-
665	1638	Pam Bull	Des Moines, IA	F4044	17:17.59	-
667	1639	Kelly Foss	Des Moines, IA	F4549	17:18.26	-
2043	1640	Autumn Hays	Des Moines, IA	F0113	17:19.35	-
2703	1641	Randy Timm	Des Moines, IA	M5054	17:20.31	-
1445	1642	Joseph Spivey	Des Moines, IA	M2024	17:22.17	-
1444	1643	Jamie Spivey	Des Moines, IA	F2024	17:22.21	-
2089	1644	Ann Hugen	Des Moines, IA	F2529	17:22.43	-
2091	1645	Joe Hugen	Des Moines, IA	M3034	17:22.69	-
2096	1646	Amanda Hunerdosse	Bondurant, IA	F4549	17:22.78	-
805	1647	David Arellano	Bondurant, IA	M3034	17:22.83	-
2090	1648	Isabella Hugen	Des Moines, IA	F0113	17:23.50	-
146	1649	Briana Campbell	West Des Moines, IA	F0113	17:24.91	-
149	1650	Matt Campbell	West Des Moines, IA	M4044	17:25.22	-
3410	1651	Kathy George	Altoona, IA	F5054	17:25.59	-
147	1652	Jacob Campbell	West Des Moines, IA	M0113	17:25.75	-
267	1653	Debra Holle	Norwalk, IA	F5054	17:26.29	-
1193	1654	Mary Lawyer	Ankeny, IA	F5054	17:26.42	-
1507	1655	Becky Wampler	Des Moines, IA	F5054	17:27.43	-
148	1656	Joy Campbell	West Des Moines, IA	F4044	17:27.72	-
205	1657	Deann Ernst	Des Moines, IA	F5054	17:27.87	-
2605	1658	Brian Smith	Johnston, IA	M5559	17:31.66	-
1515	1659	Cherie Weeter	Des Moines, IA	F4044	17:31.81	-
1128	1660	Jean Johnson	Polk City, IA	F5054	17:33.32	-
2625	1661	Valerie Sondag	West Des Moines, IA	F5559	17:34.58	-
2733	1662	Christina Vasquez	Des Moines, IA	F3539	17:35.13	-
2624	1663	David Sondag	West Des Moines, IA	M60UP	17:35.18	-
679	1664	Will Lester	Red Oak, IA	M60UP	17:36.46	-
690	1665	Janice Holmes	Des Moines, IA	F5559	17:37.90	-
1542	1666	Jodie Wineski	Des Moines, IA	F4549	17:38.25	-
2567	1667	Meg Schneider	Des Moines, IA	F4044	17:38.57	-
649	1668	Denise Stowman	Johnson, IA	F5054	17:39.21	-
692	1669	James Satin	Des Moines, IA	M5054	17:39.50	-
1248	1670	Daniel McCrady	Ankeny, IA	M3034	17:39.66	-
2646	1671	Danielle Steinkamp	Waukee, IA	F2529	17:40.15	-
2647	1672	Jon Steinkamp	Waukee, IA	M2529	17:40.59	-

203	1673	Nathan Eaton	Ankeny, IA	M3539	17:40.85	-
356	1674	Tracy Myers	Polk City, IA	F4044	17:46.28	-
1282	1675	Manish Mukherjee	Ankeny, IA	M5054	17:47.27	-
2879	1676	Hayley Jordan	West Des Moines, IA	F2529	17:47.47	-
989	1677	Jennifer Eaton	West Des Moines, IA	F2529	17:47.62	-
1158	1678	Melissa Keys	Polk City, IA	F3539	17:47.67	-
2919	1679	Isabella Keys	Polk City, IA	F0113	17:47.76	-
135	1680	Katie Bolinger	Des Moines, IA	F60UP	17:48.30	-
718	1681	Kelli Belden	Madrid, IA	F5559	17:48.56	-
2667	1682	James Sullivan	Des Moines, IA	M60UP	17:49.04	-
769	1683	Stacey Sieloff	Waukee, IA	F4044	17:49.56	-
2557	1684	Katelyn Scharlau	Woodward, IA	F1419	17:50.44	-
932	1685	Colleen Creese	Woodward, IA	F3539	17:50.59	-
1483	1686	Kristin Ulrich	Ankeny, IA	F4044	17:51.44	-
2436	1687	Tom Palmer	Des Moines, IA	M5559	17:51.70	-
1317	1688	Elaine Palmer	Des Moines, IA	F5054	17:52.48	-
897	1689	Ryan Carter	Des Moines, IA	M3539	17:52.70	-
1473	1690	Barbara Thompson	Des Moines, IA	F5054	17:53.04	-
569	1691	Emma Akerly	Waukee, IA	F2529	17:54.15	-
645	1692	Jeremy Sievers	Des Moines, IA	M3539	17:54.41	-
2602	1693	Angie Sloan	Corydon, IA	F4044	17:55.03	-
154	1694	Megan Carman	Des Moines, IA	F2529	17:55.51	-
2415	1695	Bonnie Olson	Ottumwa, IA	F5054	17:55.74	-
2198	1696	Kaylee Kraft	Des Moines, IA	F0113	17:55.77	-
2603	1697	Chelsea Sloan	Corydon, IA	F1419	17:56.86	-
3062	1698	Kelly Bittner	Des Moines, IA	F3034	17:57.04	-
3336	1699	Ryan Willett	Ankeny, IA	M3034	17:58.38	-
1539	1700	David Wilson	Des Moines, IA	M4044	17:58.66	-
3193	1701	Louis Laurent	Waukee, IA	M60UP	17:59.04	-
2614	1702	Riley Smith	Grimes, IA	F0113	17:59.65	-
2615	1703	Ryan Smith	Grimes, IA	M3034	18:00.23	-
2318	1704	Shawna Meath	Des Moines, IA	F5054	18:03.75	-
2175	1705	Shanna Kenworthy	Des Moines, IA	F3034	18:03.80	-
1931	1706	Heidi Frerichs	Indianola, IA	F5054	18:04.81	-
3092	1707	Robert Delsol	Waukee, IA	M5559	18:04.87	-
2744	1708	Donald Wahl	Des Moines, IA	M5054	18:05.76	-
1558	1709	Courtney Evans	West Des Moines, IA	F2529	18:07.40	-
1009	1710	Sarah Evans	Colfax, IA	F4549	18:07.54	-
2918	1711	Coleman Keys	Polk City, IA	M0113	18:07.78	-
3169	1712	Phillip Keys	Polk City, IA	M3539	18:08.93	-
2943	1713	Marshawn Lacy	Des Moines, IA	M2024	18:11.31	-
939	1714	Joyce Cutwright	Des Moines, IA	F3539	18:13.69	-
3239	1715	Landon Murphy	West Des Moines, IA	M0113	18:14.14	-
3240	1716	Ryan Murphy	West Des Moines, IA	M3539	18:14.42	-
2753	1717	Dawn Waser	Norwalk, IA	F4044	18:15.06	-
917	1718	Calli Churchill	Des Moines, IA	F2024	18:15.81	-

2648	1719	Larry Steinmetz	Windsor Heights, IA	M5559	18:16.02	-
1602	1720	Nicole Anderson	Des Moines, IA	F3034	18:16.97	-
1975	1721	Nina Gill	Johnston, IA	F5054	18:17.16	-
2836	1722	Kristen Wyer	Ankeny, IA	F4044	18:17.37	-
1599	1723	Kandi Anderson	Urbandale, IA	F5559	18:17.40	-
1976	1724	Olivia Gill	Johnston, IA	F0113	18:17.63	-
1601	1725	Louise Anderson	Des Moines, IA	F60UP	18:17.80	-
1517	1726	Janel Wells	Des Moinesw, IA	F4549	18:18.04	-
652	1727	Terry Thorpe	Pleasant Hill, IA	F60UP	18:18.21	-
2651	1728	Dan Stevens	Des Moines, IA	M5559	18:18.41	-
1727	1729	Steve Buckalew	Granger, IA	M5559	18:18.57	-
589	1730	Chris Gill	Johnston, IA	M5054	18:18.63	-
3383	1731	Dale Crooks	Urbandale, IA	M4549	18:19.73	-
1726	1732	Jessica Buckalew	Des Moines, IA	F2529	18:20.72	-
2300	1733	Teri McDonald	Indianoal, IA	F5559	18:27.37	-
3153	1734	Sandi Hunerdosse	Milo, IA	F60UP	18:27.75	-
3170	1735	Amber Kirk	Ames, IA	F2529	18:29.26	-
1042	1736	Karla Gatewood	Pleasant Hill, IA	F5559	18:29.31	-
2679	1737	Paul Tarbox	Urbandale, IA	M5559	18:29.37	-
1465	1738	Kim Tarbox	Urbandale, IA	F5559	18:30.04	-
1436	1739	Abby Smith	West Des Moines, IA	F3539	18:30.20	-
2607	1740	Jason Smith	West Des Moines, IA	M3034	18:30.25	-
672	1741	Maggie Pforts	Des Moines, IA	F2529	18:30.32	-
666	1742	Stacy Cox	Des Moines, IA	F4549	18:30.61	-
830	1743	Paula Baumeister	Altoona, IA	F5054	18:31.05	-
888	1744	Amech Butts	Des Moines, IA	F3034	18:31.62	-
670	1745	Robbin McClelland	Des Moines, IA	F5559	18:32.41	-
2155	1746	Charlene Judge	Ankeny, IA	F60UP	18:34.73	-
3254	1747	Kathleen Oneal	Urbandale, IA	F2529	18:35.26	-
1990	1748	Catherine Gray	Des Moines, IA	F4549	18:35.56	-
3332	1749	Kyle Webb	Urbandale, IA	M3034	18:35.66	-
2156	1750	Lisa Judge	Des Moines, IA	F3034	18:36.28	-
2628	1751	Sophia Sorensen	Des Moines, IA	F0113	18:36.38	-
2312	1752	Andrew McMulin	Ankeny, IA	M5559	18:36.82	-
1991	1753	John Gray	Des Moines, IA	M2529	18:36.89	-
2002	1754	Marc Guerne	Ankeny, IA	M4044	18:37.04	-
1015	1755	Carmen Figueroa	Ankeny, IA	F4549	18:37.10	-
2220	1756	Keisha Larson	West Des Moines, IA	F3034	18:37.11	-
1017	1757	William Figueroa	Ankeny, IA	M5054	18:37.20	-
3485	1758	Andrew Zumwalt	West Des Moines, IA	M3539	18:37.21	-
2001	1759	Brenda Guerne	Ankeny, IA	F4044	18:37.58	-
871	1760	Skye Brighton	Des Moines, IA	F3034	18:37.71	-
891	1761	Heather Carlson	Des Moines, IA	F3034	18:38.37	-
2643	1762	Nick Stanley	Bondurant, IA	M3034	18:38.50	-
2642	1763	Grayson Stanley	Bondurant, IA	M0113	18:38.58	-
2252	1764	Margaret Long	Des Moines, IA	F5054	18:38.81	-

1225	1765	Pat Macrander	Des Moines, IA	F60UP	18:39.02	-
461	1766	Bethany Stanley	Bondurant, IA	F3034	18:39.07	-
2226	1767	Meadow Lecocq	Des Moines, IA	F0113	18:39.91	-
768	1768	Barb Higgins	Ankeny, IA	F60UP	18:40.24	-
2285	1769	Michele McAnally	Adel, IA	F4044	18:40.30	-
3120	1770	Eligah Gates	Des Moines, IA	M0113	18:40.34	-
2590	1771	Robert Shackelford Jr	Des Moines, IA	M0113	18:40.98	-
3116	1772	Maggie Frederick	Des Moines, IA	F1419	18:41.51	-
3115	1773	Crystal Frederick	Des Moines, IA	F4549	18:41.74	-
2035	1774	Lynnea Harris	Des Moines, IA	F0113	18:41.84	-
1279	1775	Maryann Morano	Ankeny, IA	F3539	18:42.52	-
598	1776	Amanda Harris	Des Moines, IA	F3034	18:42.68	-
873	1777	Benjamin Brockmann	Waukee, IA	M4044	18:42.86	-
661	1778	Nancy Newell	Des Moines, IA	F5559	18:43.24	-
2059	1779	Marlene Hess	Des Moines, IA	F60UP	18:43.44	-
1321	1780	Michael Parker	Des Moines, IA	M60UP	18:44.69	-
770	1781	Dave Thamke	Urbandale, IA	M4044	18:44.88	-
2804	1782	Allison Wiedenhoff	Des Moines, IA	F0113	18:45.39	-
1319	1783	Deb Parker	Des Moines, IA	F5054	18:45.66	-
1014	1784	Sharon Fife	Des Moines, IA	F3034	18:47.70	-
1198	1785	Terri Leonetti	Des Moines, IA	F5559	18:49.16	-
934	1786	Cathy Crowley	Clive, IA	F60UP	18:49.77	-
2361	1787	Stephanie Mortenson	Windsor Heights, IA	F3034	18:50.40	-
1434	1788	Ann Skutley	Des Moines, IA	F60UP	18:52.36	-
957	1789	Patricia Decker	West Des Moines, IA	F5054	18:52.63	-
1978	1790	Teresa Gilliam	Urbandale, IA	F5054	18:55.25	-
953	1791	Ron Debolt	Des Moines, IA	M4549	18:57.09	-
1474	1792	Karen Thompson	Norwalk, IA	F5559	18:57.45	-
239	1793	Colleen Griess	Urbandale, IA	F3034	18:57.99	-
920	1794	Sandra Clark-Carmichael	Urbandale, IA	F5559	18:58.04	-
1749	1795	Jeff Carmichael	Urbandale, IA	M5559	18:58.87	-
1841	1796	Steve Diedrichsen	Des Moines, IA	M60UP	18:59.69	-
3426	1797	Kevin Kanaskie	Waukee, IA	M2529	18:59.88	-
1469	1798	Renee Thiel	Carlilse, IA	F5054	18:59.89	-
969	1799	Ellen Diedrichsen	Des Moines, IA	F5559	18:59.93	-
3427	1800	Jessica Kanaskie	Waukee, IA	F2529	19:00.41	-
1996	1801	Kristin Grotewold	Waukee, IA	F3034	19:01.63	-
1997	1802	Lincoln Grotewold	Waukee, IA	M0113	19:01.71	-
486	1803	Rachel Van Dalen	Altoona, IA	F2024	19:02.86	-
394	1804	Audrey Parsons	Urbandale, IA	F0113	19:03.73	-
814	1805	Rhonda Ayers	Saint Charles, IA	F60UP	19:06.99	-
841	1806	Morgan Bennett	Des Moines, IA	F2529	19:10.33	-
1646	1807	Jessica Becker	Des Moines, IA	F2529	19:11.14	-
2961	1808	Liz Johnson	Des Moines, IA	F3539	19:11.90	-
2847	1809	Ron Dehaven	Urbandale, IA	M5054	19:12.09	-
63	1810	Shaunaye Hendry	Ackworth, IA	F2024	19:12.63	-

2820	1811	Stephanie Wiskus	Des Moines, IA	F3034	19:12.71	-
2377	1812	Gregory Myers	West Des Moines, IA	M3034	19:12.86	-
961	1813	Katherine Dehaven	Urbandale, IA	F5054	19:13.07	-
1656	1814	Mary Benton	Des Moines, IA	F60UP	19:13.50	-
1242	1815	Sigrid Mays	Ankeny, IA	F5054	19:16.12	-
1291	1816	Theresa Nash	Des Moines, IA	F4549	19:21.94	-
322	1817	Michelle Leaverton	Urbandale, IA	F4044	19:21.96	-
184	1818	Emily De La Cruz	Des Moines, IA	F2024	19:22.03	-
395	1819	Nellie Parsons	Urbandale, IA	F0113	19:22.14	-
3418	1820	Dave Mathis	Altoona, IA	M4044	19:22.73	-
1051	1821	Mike Gerzema	Urbandale, IA	M5559	19:22.75	-
2382	1822	Rachael Nash	Des Moines, IA	F1419	19:23.94	-
1699	1823	Ryland Brass	Des Moines, IA	M0113	19:24.03	-
2381	1824	Jessie Nash	Des Moines, IA	F2024	19:24.92	-
474	1825	Tara Thompson	Des Moines, IA	F3539	19:27.87	-
2618	1826	Chris Snider	West Des Moines, IA	M3539	19:28.25	-
418	1827	Allison Rodgers	Des Moines, IA	F1419	19:28.60	-
2620	1828	Madigan Snider	West Des Moines, IA	F0113	19:28.84	-
2866	1829	Matt Moore	Des Moines, IA	M4044	19:29.35	-
50	1830	Brandon Fitz	Urbandale, IA	M3539	19:29.39	-
496	1831	Sandy Von Ruden	Van Meter, IA	F5054	19:29.70	-
2940	1832	Jerilyn Phillips	Des Moines, IA	F2529	19:29.79	-
1335	1833	Julia Phillips	Des Moines, IA	F4549	19:29.84	-
1771	1834	Jennifer Chittenden	Des Moines, IA	F3539	19:30.05	-
2485	1835	Brooke Prouty	Des Moines, IA	F2024	19:30.43	-
2771	1836	Lexi Weese	Des Moines, IA	F2024	19:30.90	-
299	1837	Andrew Knapp	Des Moines, IA	M0113	19:31.60	-
2769	1838	Emily Weese	Des Moines, IA	F1419	19:31.72	-
2867	1839	Ryan Meier	Des Moines, IA	M3539	19:31.86	-
1136	1840	Barb Jones	Des Moines, IA	F60UP	19:35.22	-
2109	1841	Alyssa Jack	Woodward, IA	F1419	19:36.62	-
1812	1842	Phillip Creese	Woodward, IA	M3034	19:36.84	-
2556	1843	Austin Scharlau	Woodward, IA	M1419	19:37.12	-
2351	1844	Keturah Moretz	Des Moines, IA	F3539	19:38.61	-
1255	1845	Amanda Mead	Pleasantville, IA	F2529	19:40.02	-
2844	1846	Benjamin Zwier	Des Moines, IA	M0113	19:41.47	-
877	1847	Easton Brokaw	Osceola, IA	M0113	19:41.69	-
2846	1848	Matthew Zwier	Des Moines, IA	M3034	19:41.73	-
3496	1849	Claire Zwier	Des Moines, IA	F0113	19:42.06	-
274	1850	Darlis Honnold	Urbandale, IA	F5054	19:42.26	-
1821	1851	Terry Daily	Des Moines, IA	M5559	19:44.66	-
1820	1852	Amelya Daily	Des Moines, IA	F0113	19:45.21	-
3173	1853	Sophia Klinker	Bondurant, IA	F0113	19:45.33	-
3172	1854	Bryce Klinker	Bondurant, IA	M2529	19:45.35	-
976	1855	Shawn Dolan-Daily	Des Moines, IA	F4044	19:45.57	-
3174	1856	Stacey Klinker	Bondurant, IA	F2529	19:46.37	-

3175	1857	Wyatt Klinker	Bondurant, IA		19:46.41	-
874	1858	Kelli Brockmann	Waukee, IA	F4044	19:46.92	-
2218	1859	David Larsen	Des Moines, IA	M60UP	19:46.99	-
980	1860	Deb Douglas	Des Moines, IA	F60UP	19:47.05	-
1647	1861	Brayden Beinke	Urbandale, IA	M0113	19:47.10	-
1737	1862	Ann Cahoy	Ankeny, IA	F3034	19:48.28	-
781	1863	Kirsten Corley	Johnston, IA	F3034	19:48.53	-
834	1864	Julie Beinke	Urbandale, IA	F3539	19:49.08	-
1834	1865	Lesia Dembinski	Prole, IA	F5559	19:49.37	-
745	1866	Josh Beinke	Urbandale, IA	M3539	19:49.66	-
2116	1867	Katie Jacobs	Urbandale, IA	F3034	19:50.62	-
2115	1868	Carter Jacobs	Urbandale, IA	M0113	19:51.54	-
1122	1869	Brett Jacobs	Urbandale, IA	M3539	19:51.72	-
2187	1870	Jerri Kleihauer	Waukee, IA	F5054	19:52.80	-
2261	1871	Donald Lowe	Indianola, IA	M5559	19:53.46	-
2616	1872	Shane Smith	Johnston, IA	M0113	19:53.74	-
1235	1873	Julie Martin	Prole, IA	F60UP	19:53.84	-
844	1874	Brian Berard	Clive, IA	M4549	19:53.92	-
984	1875	Melodie Dutoit	Altoona, IA	F4549	19:54.20	-
2260	1876	Darla Lowe	Indianola, IA	F5054	19:54.22	-
3114	1877	Nancy Frame	West Des Moines, IA	F60UP	19:56.13	-
1722	1878	Lisa Brown	Reasnor, IA	F5054	19:56.15	-
2477	1879	Ryan Pohlman	Adel, IA	M4549	19:56.16	-
905	1880	Nicole Chesmore	Pleasant Hill, IA	F4044	19:56.20	-
3417	1881	Kris Warren	Norwalk, IA	F5054	19:56.60	-
102	1882	Ceann Abben	Ankeny, IA	F5054	19:59.66	-
1604	1883	Caroyle Andrews	Des Moines, IA	F5559	20:01.73	-
1372	1884	Brandon Repp	Ankeny, IA	M3539	20:03.91	-
2641	1885	Jadeyn Stahr	Ankeny, IA	F0113	20:04.13	-
959	1886	Denise Deering	Des Moines, IA	F4549	20:04.55	-
1135	1887	Teresa Johnston	Mingo, IA	F4549	20:05.10	-
784	1888	Garnet Nordine	Des Moines, IA	F60UP	20:05.84	-
864	1889	Kenny Bradley	Urbandale, IA	M5054	20:05.98	-
716	1890	Alicia Knapp	Des Moines, IA	F3539	20:06.45	-
1747	1891	John Cardani-Trollinger	Urbandale, IA	M4549	20:06.52	-
1437	1892	Chad Smith	Johnston, IA	M4044	20:06.84	-
683	1893	Nikki Stahr	Ankeny, IA	F4044	20:06.94	-
2610	1894	Marni Smith	Johnston, IA	F4549	20:07.84	-
2100	1895	Kimann Huynh	Des Moines, IA	F3539	20:08.04	-
2952	1896	Benny Fairchild	Ankeny, IA	M0113	20:09.22	-
3105	1897	Charlene Fairchild	Ankeny, IA	F3539	20:09.46	-
3466	1898	Rosemary Zempel	Ankeny, IA	F3539	20:10.39	-
3494	1899	Alex Freeman	Des Moines, IA	F2024	20:15.44	-
491	1900	Amelia Vilayvong	Grimes, IA	F0113	20:15.77	-
492	1901	Greyson Vilayvong	Grimes, IA	M0113	20:16.02	-
2394	1902	Sarah Grace Nicholson	Des Moines, IA	F2024	20:17.14	-

1325	1903	Muriel Pemble	Des Moines, IA	F60UP	20:18.06	-
2456	1904	Jim Pemble	Des Moines, IA	M60UP	20:18.21	-
494	1905	Toukata Vilayvong	Grimes, IA	M3539	20:18.50	-
1205	1906	Janice Lintz	Windsor Heights, IA	F5559	20:21.90	-
845	1907	Jonda Berg	Carlisle, IA	F4549	20:23.55	-
2410	1908	Travis O'Connor	Indianola, IA	M3034	20:28.97	-
3100	1909	Echo Eggert	Indianola, IA	F3034	20:29.57	-
308	1910	Jessica Krogman	W. Des Moines, IA	F3034	20:29.75	-
467	1911	Shari Stuhr	Des Moines, IA	F5054	20:30.21	-
466	1912	Allison Stuhr	Des Moines, IA	F2024	20:30.71	-
3051	1913	Becky Bailey	Des Moines, IA	F4549	20:32.57	-
1048	1914	Mike Gerrish	West Des Moines, IA	M4044	20:32.65	-
1739	1915	Nancy Caldwell	Polk City, IA	F4549	20:33.49	-
1816	1916	Jim Curry	Des Moines, IA	M60UP	20:42.67	-
3456	1917	Jordan Saeed	Des Moines, IA	M2024	20:42.99	-
2085	1918	Susan Horner	Waukee, IA	F60UP	20:43.31	-
1815	1919	Jan Curry	Des Moines, IA	F60UP	20:43.74	-
3138	1920	Preston Hayek	Des Moines, IA	M2024	20:43.91	-
2822	1921	Francess Wood	Wdm, IA	F60UP	20:44.12	-
937	1922	Lisa Curry	Des Moines, IA	F3539	20:44.14	-
3227	1923	Lydia Melaas	Des Moines, IA	F2024	20:44.79	-
1868	1924	Abbie Eichman	Des Moines, IA	F3034	20:46.92	-
2810	1925	Rob Wilkening	Waukee, IA	M60UP	20:47.69	-
2327	1926	Debra Meyer	West Des Moines, IA	F60UP	20:50.14	-
3495	1927	Karen Zwier	Des Moines, IA	F3034	20:50.46	-
2700	1928	Kiley Thornsborough	West Des Moines, IA	F0113	20:50.72	-
2329	1929	Katy Meyer	West Des Moines, IA	F2529	20:51.22	-
139	1930	Zak Braswell	Des Moines, IA	M3539	20:57.02	-
386	1931	Jason Ostrander	Des Moines, IA	M3539	20:57.88	-
560	1932	Stephanie Scheer	Des Moines, IA	F2529	20:58.59	-
2150	1933	Charles Joynes	Altoona, IA	M4044	20:59.30	-
385	1934	Dena Ostrander	Des Moines, IA	F3539	20:59.32	-
384	1935	Anneliesa Ostrander	Des Moines, IA	F0113	20:59.53	-
1791	1936	Stephanie Collins	Des Moines, IA	F4044	21:00.76	-
159	1937	Chelea Christenson	Des Moines, IA	F2529	21:01.79	-
2550	1938	Joshua Scanlon	Ankeny, IA	M3034	21:01.87	-
2042	1939	Anita Hays	Des Moines, IA	F5054	21:01.90	-
2044	1940	Tressa Hays	Des Moines, IA	F0113	21:02.21	-
2551	1941	Kadera Scanlon	Ankeny, IA	F3034	21:04.18	-
1864	1942	Meredith Eaton	Ankeny, IA	F3034	21:04.35	-
378	1943	Claire Olsem	Altoona, IA	F4044	21:04.36	-
459	1944	Karly Stamper	Ankeny, IA	F2529	21:05.03	-
2346	1945	Elizabeth Mooney	Waukee, IA	F2529	21:05.40	-
2246	1946	Roxanne Livermore	Waukee, IA	F3034	21:07.58	-
619	1947	Claire Lowe	Johnston, IA		21:08.46	-
2244	1948	Layla Livermore	Waukee, IA		21:08.51	-

621	1949	Tim Lowe	Johnston, IA	M2529	21:08.86	-
2786	1950	Maelyn West	Des Moines, IA	F0113	21:09.29	-
1711	1951	Ang Brincks	Ankeny, IA	F3034	21:09.76	-
620	1952	Ellen Lowe	Johnston, IA	F3034	21:09.82	-
2245	1953	Nick Livermore	Waukee, IA	M2529	21:11.38	-
1108	1954	Elizabeth Housholder	Urbandale, IA	F3034	21:14.44	-
3184	1955	Jacob Korbakes	Urbandale, IA	M2529	21:14.72	-
3121	1956	Adrienne Geske	Urbandale, IA	F2529	21:14.91	-
2811	1957	Ben Williams	Des Moines, IA	M1419	21:25.22	-
759	1958	Lesa Niday	Ankeny, IA	F5054	21:26.31	-
2770	1959	Karen Weese	Des Moines, IA	F4549	21:26.55	-
2399	1960	Casie Niday	Ankeny, IA	F2529	21:27.42	-
1116	1961	Karen Hutton	West Des Moines, IA	F5559	21:29.47	-
1146	1962	Tiffany M Justus	West Des Moines, IA	F2529	21:29.50	-
3211	1963	Anton Marcuson	West Des Moines, IA	M0113	21:34.21	-
3212	1964	Phil Marcuson	West Des Moines, IA	M4044	21:34.64	-
3209	1965	Yuliya Maksimova	West Des Moines, IA	F3539	21:38.17	-
1215	1966	Pamela Long	West Des Moines, IA	F5559	21:41.29	-
1909	1967	Leslie Flores-Cloud	Des Moines, IA	F3034	21:41.77	-
849	1968	Steven Bethards	Saint Charles, IA	M2529	21:41.84	-
1666	1969	Julianne Bethards	Saint Charles, IA	F0113	21:43.30	-
573	1970	Aaron Cloud	Des Moines, IA	M3539	21:43.73	-
1530	1971	Martha White	Osceola, IA	F60UP	21:44.67	-
3331	1972	Connie Warren	Johnston, IA	F60UP	21:45.48	-
878	1973	Haydon Brokaw	Osceola, IA	M0113	21:45.49	-
1026	1974	Enzo Frogge	Des Moines, IA	M0113	21:53.26	-
2443	1975	Steve Pathammavong	Altoona, IA	M2529	21:53.67	-
1118	1976	Patricia Ibarra	Des Moines, IA	F2529	21:55.67	-
1349	1977	Teri Prather	Ankeny, IA	F5559	21:57.07	-
2479	1978	Kelly Pond	West Des Moines, IA	F4549	21:59.07	-
456	1979	Amy Smith	West Des Moines, IA	F5559	22:00.66	-
848	1980	Brianne Bethards	Saint Charles, IA	F2529	22:03.65	-
2435	1981	Suzanne Palmer	Norwalk, IA	F5559	22:04.24	-
1366	1982	Stephanie Reed	Indianola, IA	F5054	22:07.84	-
1460	1983	Trina Swanson	Indianola, IA	F4549	22:08.53	-
2328	1984	John Meyer	West Des Moines, IA	M60UP	22:08.74	-
1508	1985	Libby Waterbury	West Des Moines, IA	F3539	22:11.39	-
2958	1986	Jim Verlengia	Johnston, IA	M60UP	22:14.44	-
1452	1987	Courtney Strable	Norwalk, IA	F3034	22:17.93	-
3082	1988	Brenda Core	Indianola, IA	F5054	22:17.97	-
1956	1989	Jocelyn Gaskill	Ankeny, IA	F5054	22:18.44	-
876	1990	Denise Brokaw	Osceola, IA	F3539	22:18.71	-
1494	1991	Chris Verlengia	Johnston, IA	M3034	22:19.30	-
3194	1992	Louis Laurent	West Des Moines, IA	M3034	22:20.51	-
1284	1993	Rony Najarro	Des Moines, IA	M3539	22:21.86	-
1256	1994	Nancy Melton	Des Moines, IA	F60UP	22:30.22	-

2653	1995	Carly Steveson	Indianola, IA	F2529	22:32.58	-
3207	1996	Unknown Runner			22:32.66	-
2959	1997	Patti Verlengia	Johnston, IA	F60UP	22:32.97	-
2735	1998	Ayden Verlengia	Johnston, IA	F3034	22:34.52	-
3078	1999	Sarah Clark	Ames, IA	F2024	22:37.28	-
2693	2000	Lisa Thogerson	Ames, IA	F3034	22:37.82	-
2806	2001	Chase Wiegert	Des Moines, IA	M0113	22:37.82	-
518	2002	Michele Wiegert	Des Moines, IA	F2529	22:38.03	-
248	2003	Angela Hackbarth	Johnston, IA	F2529	22:38.04	-
1331	2004	Megan Pettit	Des Moines, IA	F3034	22:46.75	-
2619	2005	Henry Snider	West Des Moines, IA	M0113	22:50.17	-
260	2006	Bettina Hebert	Des Moines, IA	F5559	22:56.45	-
517	2007	Dianna Wiegert	Churchville, IA	F5559	22:56.76	-
321	2008	Debra Leahy	Des Moines, IA	F60UP	22:58.32	-
2950	2009	Tim Fairchild	Ankeny, IA	M4549	23:02.72	-
431	2010	Shubham Sah	Waukee, IA	M0113	23:03.66	-
1677	2011	Sullivan Bieghler	Bondurant, IA	M0113	23:04.98	-
1676	2012	Katherine Bieghler	Bondurant, IA	F3539	23:05.09	-
3436	2013	Tami Singleton	Altoona, IA	F2529	23:06.42	-
429	2014	Lal Sah	Waukee, IA	M3034	23:07.72	-
2819	2015	Jack Wiskus	Des Moines, IA	M0113	23:09.01	-
3434	2016	Brittany Singleton	Altoona, IA	F2024	23:09.31	-
1584	2017	William Adams	Des Moines, IA	M0113	23:09.42	-
2452	2018	Nicole Peckumn	Des Moines, IA	F3539	23:10.57	-
780	2019	Tanji O'Connor	Indianola, IA	F2024	23:17.12	-
779	2020	Pennie O'Connor	Indianola, IA	F5054	23:19.20	-
493	2021	Mala Vilayvong	Grimes, IA	F3034	23:19.26	-
1852	2022	Brett Douglas	Des Moines, IA	M4044	23:20.09	-
1849	2023	Adrienne Douglas	Des Moines, IA	F0113	23:20.11	-
1851	2024	Annabel Douglas	Des Moines, IA	F0113	23:20.78	-
2417	2025	Erin Olson-Douglas	Des Moines, IA	F4044	23:21.38	-
1850	2026	Andrew Douglas	Des Moines, IA	M0113	23:22.22	-
1581	2027	Jen Adams	Des Moines, IA	F4044	23:30.95	-
630	2028	Leslie Merriman	Norwalk, IA	F3539	23:31.57	-
574	2029	Keeli Comito	Urbandale, IA	F3034	23:33.06	-
559	2030	Kyle Scheer	Des Moines, IA	M3034	23:52.32	-
373	2031	Nicholos Nopoulos	Des Moines, IA	M3034	24:12.02	-
2267	2032	Lauren Mackey	Johnston, IA	F2529	24:13.03	-
165	2033	Vickie Colton	Perry, IA	F5559	24:14.71	-
1752	2034	Megan Carr	Johnston, IA	F2529	24:21.77	-
164	2035	Mark Colton	Perry, IA	M60UP	24:23.07	-
372	2036	Jon Halas Nopoulos	Des Moines, IA	M0113	24:24.17	-
2402	2037	Daphne Nopoulos	Des Moines, IA	F0113	24:25.25	-
2403	2038	Megin Nopoulos	Des Moines, IA	F3539	24:27.78	-
3107	2039	Ali Felsenthal	Des Moines, IA	F2024	24:28.18	-
3181	2040	Kathleen Knox	Des Moines, IA	F2024	24:28.35	-

1324	2041	Sherrie Pelock	Indianola, IA	F4549	24:54.93	-
1367	2042	Steve Reed	Indianola, IA	M5559	24:57.45	-
3122	2043	Jeff Glade	Urbandale, IA	M3034	25:47.57	-
3123	2044	Patrick Glade-Strachan	Urbandale, IA		25:47.65	-
3313	2045	Jake Strachan	Urbandale, IA	M3034	25:48.41	-
2757	2046	Natalie Waterbury-Hildahl	West Des Moines, IA	F0113	25:48.93	-
1384	2047	Tiffany Robbins	Des Moines, IA	F2024	25:55.16	-
1382	2048	Rodney Robbins	Des Moines, IA	M5054	25:55.18	-
1380	2049	Cody Robbins	Des Moines, IA	M0113	25:55.78	-
1383	2050	Rodney Robbins	Des Moines, IA	M2024	25:55.80	-
1381	2051	Mary Robbins	Des Moines, IA	F5054	25:58.28	-
1678	2052	William Bieghler	Bondurant, IA		25:58.81	-
1927	2053	Marcia Freeland	Altoona, IA	F5559	25:59.14	-
2798	2054	Annie White	Johnston, IA	F0113	26:23.25	-
2908	2055	Trinity Zeiger	Johnston, IA	F2529	26:36.01	-
1674	2056	Benjamin Bieghler	Bondurant, IA	M0113	26:44.92	-
1675	2057	Christopher Bieghler	Bondurant, IA	M3539	26:45.48	-
381	2058	Lucy Onnen	Pleasant Hill, IA	F0113	26:57.20	-
382	2059	Oliver Onnen	Pleasant Hill, IA	M0113	26:58.01	-
383	2060	Sarah Onnen	Pleasant Hill, IA	F3539	26:58.06	-
420	2061	Karen Rohrer	West Des Moines, IA	F5054	27:32.74	-
479	2062	Richard Townsend	Des Moines, IA	M5054	27:32.89	-
41	2063	Mimi Leonard	Johnston, IA	F5559	29:35.91	-
1350	2064	Becky Procyk	Altoona, IA	F60UP	30:21.09	-
1094	2065	Lisa Hilsman	West Des Moines, IA	F5054	30:22.94	-
556	2066	Alicia Mutapcic	Des Moines, IA	F2529	30:28.47	-
557	2067	Mia Mutapcic	Des Moines, IA	F0113	30:29.21	-
2756	2068	Kristine Wasko	Johnston, IA	F2024	33:16.12	-
700	2069	Aj Malone	West Des Moines, IA	M2529	33:17.26	-
2754	2070	Gary Wasko	Urbandale, IA	M60UP	33:18.63	-
2755	2071	Grace Wasko	Urbandale, IA	F5559	33:19.19	-
1611	2072	Mike Armstrong	Des Moines, IA	M2529	40:38.19	-
58	2073	John Parrish	Urbandale, IA	M2529	53:30.98	-
59	2074	Erica Johnson	West Des Moines, IA	F2529	53:33.09	-
2421	2075	Pat Ostwald	Grimes, IA	F5054	53:34.38	-
2077	2076	Esmie Holderman	Des Moines, IA	F3034	53:35.71	-
44	2077	Sara Wolter	West Des Moines, IA	F2529	53:38.40	-
695	2078	Beth Broesder	Perry, IA	F2024	53:59.58	-
701	2079	Dee Simmons	Clive, IA	F5054	54:29.33	-
698	2080	Josh Koch	Waukee, IA	M2024	54:30.34	-
42	2081	Mark Parrish	Urbandale, IA	M2529	57:31.68	-

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