

Subject: Friday Notes - 2016 Drake Relays Presented by Hy-Vee

Date: Friday, April 29, 2016 10:31:59 PM Central Daylight Time

From: Drake AthleticCommuncations <drakeathleticcommunications@gmail.com>

To: Tyler Patton <ty.patton@drake.edu>

Attendance Morning/Afternoon: 9,205 Evening: 10,393 Friday: 19,598 Total Attendance: 24,612	Weather: High - 50, Low - 46 8 a.m.: 46, partly cloudy, N 6 mph Noon: 46, partly cloudy, NE 8 mph 3 p.m.: 49, partly cloudy, 4 NE 6 p.m.: 49, partly cloudy, 9 NE 8 p.m.: 49, partly cloudy, 2 NE Total Precipitation: 0.02"
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DRAKE RELAYS RECORDS BROKEN

High School Girls 100 Meters

Kerris Roberts, Waterloo East, 11.77 (Previous record, Briyana Carter, Des Moines Roosevelt, 12.13, 2015)

High School Girls Discus

Kiana Phelps, Kingsley Pierson/Woodbury Central, 162-7 (Previous record, Kiana Phelps, KP/WC, 159-4, 2015)

High Boys Sprint Medley Relay

Cedar Rapids Prairie, 3:25.94 (Previous record, Dowling Catholic, 3:26.48, 2015)

High School Boys 800 Meters

Ryan Schweizer, Dowling Catholic, 1:51.76 (Previous record, Ryan Schweizer, Dowling Catholic, 1:52.15, 2015)

High School Girls 4x200-Meter

Relay

Cedar Rapids Jefferson, 1:40.87 (Previous record, Cedar Rapids Jefferson, 1:40.96, 2015)

Men's 400 Meters Rio Olympics

Preview

Kirani James, Nike, 44.08 (Previous record, Kirani James, Nike, 44.08, 2015)

Middle School Girls 4x100-Meter

Relay

Ankeny Southview, 52.42 (Previous record, Pleasant Valley MS, 52.63, 2014)

DRAKE STADIUM RECORDS BROKEN

Men's 400 Meters

Kirani James, Nike, 44.08 (Previous record,
LaShawn Merritt, Nike, 44.21, 2013)

WORLD LEADING MARKS

Men's 400 Meters

Kirani James, Nike, 44.08

Women's 1500 Meters

Jenny Simpson, New Balance, 4:06.44

Rio Olympic Games Previews

- The men's 400 meters saw
Kirani James
outlast
LaShawn Merritt
in a dead heat. James, at 44.08, set a world best for 2016 and broke his Drake Relays record of 44.22, set in 2014. Merritt's time of 44.22 is
the second best time in the world this season and matched James' previous record. James' time is the second-fastest 400 run before the month of May in track and field history.
- 2011 World Champion
Jenny Simpson
ran a world-leading time in the women's 1500 meters, crossing the line in 4:06.44. The Webster City, Iowa, native won her eighth race at Drake Stadium in nine tries, as she's won the last four invitational 1500 meters at the Drake Relays.
Kate Grace
ran the world's second-fastest time in 4:07.15, which was a personal-best for the 2013 Grand Blue Mile champion while
Heather Kampf,
the 2016 and 2015 Grand Blue Mile Champion, ran the world's third-fastest 1500 meters time of 4:07.26.
- In one of the most popular races of the night,
Nick Rodgers
won the Paralympic T44 200 meters. Rodgers' time of 22.07 bested **David Brown's**
time of 22.45. Brown, who is blind, is the American and World Record holder in the event.
- **Tia Brooks**
matched her season-best throw in the shot put to win the Women's Shot Put Rio Olympics Preview with a throw of 63-7 3/4. That mark ranks third in the world this year and is the best throw by an American this season. Brooks is no stranger to the Blue Oval,
as she won three collegiate shot put titles while competing at Oklahoma.
- Canada's
Shawn Barber
completed the pole vault sweep at the Drake Relays as he claimed the Men's Pole Vault Rio Olympics Preview title with a clearance of 18-0 1/2.
Barber was victorious on Wednesday in the Capital Square Pole Vault with a clearance of 18-8 3/4. United States' vaulter
Sam Kendricks

also cleared 18-0 ½, marking the second-straight year Kendricks and Barber have cleared the same height as the duo shared the Drake Relays title last year.

- **Bershawn Jackson**
defended his 2015 Drake Relays title in the 400 meter hurdles. Jackson, who was the world's top ranked 400 meter hurdler in 2015, won in a time of 49.30, the seventh best time in the world this season. 2012 London Olympics silver medalist and two-time Drake Relays champion (2013, 2014) **Michael Tinsley** claimed second in 49.36.
- **Derek Drouin**
made history by becoming the first athlete to win the high jump three-consecutive years. Drouin's jump of 7-4 ¼ was tied by **Bryan McBride**, but was awarded to Drouin on a judge's decision. Drouin also holds the Drake Relays and Drake Stadium record in the high jump, passing a height of 7-10 ½ in 2014.
- **Lorraine Ugen**
won the women's long jump with a jump of 22-4 ½. It was Ugen's first win at the Drake Relays and the third best mark in the world for 2016.
- The coed shuttle-hurdle relay featured a star-studded field of world, Olympic, and Drake Relays champions competing in the unique event. The winning foursome of **Kristi Castlin**, **Spencer Adams**, **Nia Ali**, and **Eddie Lovett** won in a time of 54.42. World-record holder **Aries Merritt**, anchored the second place squad of **Jasmin Stowers**, **Hansel Parchment**, **Jacqueline Coward**, and Merritt in 54.77.

University/College/Open Divisions

- **Michael Sandle**
of Division II Minnesota State-Mankato jumped 52-8 ¼ to win the triple jump. The jump improved upon his previous DII leading mark 52-8. Purdue's **Anaquan Peterson** jump of 52-6 ½ ties the mark of ninth best in Division I this season. **Sandle** was the Division III champion in the triple jump (indoor and outdoor) in 2012 while at Wisconsin-River Falls.
- **Claudia Garcia Jou's**
winning jump of 5-11 ¼ in the high jump propelled the Akron athlete to a top-10 NCAA mark for the season. The win was the first for a Zip in the event.
- **Sierra Rosenau**
of NDSU won the women's javelin with a toss of 165-4, becoming the first Bison thrower to win a Drake Relays title.
- Baylor celebrated two first-time victories in the discus and 4x800 meter relay.
Cion Hicks
won the women's discus with a toss of 174-10 on her third throw, claiming the Bear's 13th individual title at the Drake Relays. During the night session the women took home the 4x800 title in a time of 8:34.22. The win marks the Bear's 24th relay title and 37th win at the Drake Relays, matching them with Lincoln (Mo.) for the 4th most all-time.
- In the men's 4x800 meter relay
Minnesota
returned to claim the title in 7:23.54. The Golden Gophers won the event three consecutive years from

2011-2013. Big Ten foes

Illinois claimed

second in 7:28.72. It is the 14th relay victory for Minnesota, and their 56 Drake Relays overall title.

- **Dylan Bell**

of Air Force took home the academy's first men's pole vault title with a winning clearance of 17-8 ½.

- Drake's

Pierce Vincent

ran the top qualifying times for the men's 100 meters with a wind-aided (3.4 mph) 10.26, Pierce's previous personal best was 10.32.

- **Symone Black**

of Purdue became the third-straight Big Ten runner to win the women's 400 hurdles in 57.72 as she topped two-time Drake Relays champion Alexis

Franklin of Ohio State, who placed third.

- Ohio State's

JC Murasky

defended his Drake Relays title in the men's shot put, as he won the event with a toss of 65-6 on his first and last throw of the competition. Murasky's toss is the best throw since Janus Robberts of SMU set the Drake Relays record in 2001 with a toss of 69-7

½. Murasky is the 16th thrower to repeat as the Drake Relays champion in the men's shot put.

- Purdue's

Savannah Carson

won the women's long jump with a mark of 20-8 1/2 to claim Purdue's second crown in the event. The Boilermaker's other title in the women's long jump came in 1985 when Yvonne Netterville won with a jump of 20-1 3/4.

- Ohio State's

Bill Stanley,

the Big Ten leader in the men's javelin, captured the Buckeyes' second throws title of the weekend with a mark of 221-8.

- Iowa won its first Drake Relays title of the year as

Mahnee Watts

won the women's 800 meters in 2:07.93. The Hawkeyes have now won 20 Drake Relays titles, which are tied for the 11th most in Drake Relays history.

- Purdue won the women's 4x200-meter relay in 1:34.72, as the Boilermakers' time

ranks ninth in the world this season as Drake Relays Women's Long Jump Champion **Savannah**

Carson ran

the third leg of the winning relay.

- Air Force captured its second Drake Relays title on Friday as the Falcons took

home the men's 4x200-meter relay title, denying Purdue of the collegiate 4x200 sweep.

- Indiana Tech, in its Drake Relays debut, captured both the college division men's

4x800-meter relay title in the morning before sweeping the college division men's and women's 4x200.

- The Baylor women took home the 4x800 title in a time of 8:34.22. It is the first

win for the Bears in the 8x400, but their 37th win at the Drake Relays.

- Nebraska Wesleyan (3:42.62) and Lincoln (Mo.) led the qualifying times for the

women's 4x400. On the men's side, Indiana Tech continued their dominance of the relay events by posting a time of 3:10.31. Both finals will be held Saturday.

- North Central (Ill.) won their first title in the men's college

division distance medley relay in a time of 10:03.12.

High School

- **Joy Ripslinger**

of Assumption denied Linn Mar's

Stephanie Jenks of her ninth Drake Relays title, as Ripslinger won the 800 meters in 2:14.07. Jenks, who finished second in the 3000 meters on

Thursday night, was second in 2:14.37. Jenks goes for a Drake Relays girls record ninth title on Saturday

in the 1600 meters.

- Mt. Vernon's

Tristan Wirfs

became the first prep to throw over 60 feet in the boys shot put at the Drake Relays since 2010 as the junior claimed the title with a mark of 60-11 ½.

- **Kiana Phelps**

just keeps getting better. The senior from Kingsley-Pierson/Woodbury Central broke her own Drake Relays record in winning the girls discus with a throw of 162-7 for her fourth title in the event. She set the old mark of 159-4 last year. Abby Emsick of Council

Bluffs Lewis Central is the only other four-time winner in the Relays. She won the event from 1999-2002. Phelps is the state's all-time leader in the event at 179-7.

- The Cedar Rapids Prairie quartet of

Trevor Northrup, Marty Borseth, Jalen Rima and Tysen Vandraska

broke the Drake Relays boys sprint medley relay record with a time of 3:25.94, which also paces the nation this season.

- Dowling Catholic's

Ryan Schweizer

repeated as the boys champion in the 800 and broke his own Relays record. His time of 1:51.76 moves to fifth on the state's all-time list. Schweizer became the first repeat champion in the boys 800 meters as the event debuted in 2011. In addition, Dowling

Catholic has won half of the boys 800-meter titles at the Drake Relays.

- The Waukee girls won their fourth sprint medley relay title in the last 11 years

as **Maddie Sehman, Hannah Schau, Elma Vojic and Lily Campbell**

finished the 800-meter relay in 1:47.11.

- **Carly Donahue**

of Pleasant Valley ran a state-leading time of 14.34 in the 100 hurdles in the preliminary round before winning the final in 14.38 seconds.

- Cedar Rapids Prairie's

Josh Wallace

picked up the Golden Hawks second win during the morning session, winning the boys 110 hurdles in 14.35 seconds.

- **Isaiah Trousil**

of West Burlington Notre Dame defended his 100 meter title with a time of 10.64 seconds. His time was the sixth fastest fully automatic time on the all-time list as the junior became the 12th athlete in Drake Relays to repeat as the champion in the event.

- Cedar Rapids Jefferson repeated as the high school girls 4x200-meter relay champions

while breaking their own meet record set at last year's Drake Relays as **Abilene Ranschau,**

MiAsia Bergmann,

Autumn Anderson

and **Jasmine Blue**

finished in 1:40.87. Blue and Ranschau were a part of last year's Drake Relays record-setting squad.

Jefferson is the all-time leader in the event (1:39.24) and has won the last three Class 4A state championships.

- Linn-Mar won its second Drake Relays boys 4x200 relay title in the last four years,

as the quartet of **Griffin Freese,**

David Petesich, Gavren Dochterman

and

Daniel Gorsich

finished in 1:28.40. Gorsich anchored last year's team that finished 10th at the Blue Oval.

- The prelims of the girls 100 meters featured a trio of runners that broke Des

Moines Roosevelt **Briyana Carter's**

Drake Relays record, including Carter herself. In the preliminary round, Waterloo East freshman

Kerris Roberts

ran a Drake Relays record time of 12.04 seconds, while Waukee's **Talia Buss**

clocked in at 12.09. Carter dipped under her previous Drake Relays record of 12.13 with a time of 12.11. Roberts denied Carter of her second-straight Drake Relays title, winning in a Drake Relays record time of 11.77, Carter was second in 11.85 while Buss was third in 11.99 as the three times were the fastest in Drake Relays history in all conditions. Roberts time ranks 16th in the nation this season.

- Iowa City West's

Valerie Welsh

became the third Iowa City West champion in the girls long jump since 2009, winning the title with a jump of 18-0 1/2.

- **Xavior Williams**

of West Burlington/ND has moved from third (2014) to second (2015) to now champion in the high jump. It's the fourth straight title in the event for a West Burlington jumper. Williams' former teammate, Jeff Giannettino, won in 2013, 14 and 15.